

# the Overfed Head

What if everything  
you know about  
weight loss  
is wrong?



by

*Rob Stevens*

founder of

**thintuition**

# Overfed Head

**Groep Geneeskunde van het Kleine  
Huisdier**

## **Overfed Head:**

*Doctor Levitin* David Shrayer-Petrov,2018-09-17 The story of a doctor s family torn apart by Soviet politics persecution and the Jewish struggle for freedom during the Cold War Available now for the first time in English Doctor Levitin is a modern classic in Jewish literature A major work of late twentieth century Russian and Jewish literature since its first publication in Israel in 1986 it has also seen three subsequent Russian editions It is the first in David Shrayer Petrov s trilogy of novels about the struggle of Soviet Jews and the destinies of refuseniks In addition to being the first novel available in English that depicts the experience of the Jewish exodus from the former USSR Doctor Levitin is presented in an excellent translation that has been overseen and edited by the author s son the bilingual scholar Maxim D Shrayer Doctor Levitin is a panoramic novel that portrays the Soviet Union during the late 1970s and early 1980s when the USSR invaded Afghanistan and Soviet Jews fought for their right to emigrate Doctor Herbert Levitin the novel s protagonist is a professor of medicine in Moscow whose non Jewish wife Tatyana comes from the Russian peasantry Shrayer Petrov documents with anatomical precision the mutually unbreachable contradictions of the Levitins mixed marriage which becomes an allegory of Jewish Russian history Doctor Levitin s Jewishness evolves over the course of the novel becoming a spiritual mission The antisemitism of the Soviet regime forces the quiet intellectual and his family to seek emigration Denied permission to leave the family of Doctor Levitin is forced into the existence of refuseniks and outcasts which inexorably leads to their destruction and a final act of defiance and revenge on the Soviet system A significant contribution to the works of translated literature available in English David Shrayer Petrov s Doctor Levitin is ideal for any reader of fiction and literature It will hold particular interest for those who study Jewish or Russian literature culture and history and Cold War politics

*A Girl's Own War* K. J. Kelly,2024-02-29 In wartime Ireland an Englishman and a German each need the other to betray his country And if the nationalist firebrands get their way they may have to fight to the death But hang on Just a few months ago Flight Lieutenant Oliver Carmichael and Baron Julius von Stulpnagel were living together in Berlin trying to sell forged paintings So what are they doing in rundown Ballingore and how will ex convent girl Mary Collins and her devoted red headed sidekick Niamh Slattery play into their hands In this hilarious Irish farce K J Kelly brilliantly recreates the slapstick flavour of an Ealing Studios comedy

**The Overfed Head** Rob Stevens,2004-05 Tap into your thintuition and never diet again If everything you know about weight loss is not giving you the permanent results you are looking for what can Tapping into your thintuition To succeed with thintuition is to think one simple thought I give my body exactly what it needs no more and no less It is a form of mindfulness applied to eating This eating as our natural instincts dictate is the art and skill of thintuition You can succeed permanently with it because it is in harmony with your basic nature

*Cattle and Dairy Farming* United States. Bureau of Foreign Commerce,1888

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**The Cat Journal ,1906**

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*Stitches and Seams* R. M. Laing,Janet Webster,1998 A detailed analysis of the fundamentals of different types of stitches seams and sewing threads in use explaining how they are produced and examining their optimum design performance and modes of failure as revealed in research carried out over the last 60 years of the 20th century The emphasis is on conventional machine sewn seams for apparel but developments in threadless joining and non apparel applications are also considered along with a critical review of current test methods There are 250 references to specialist articles and other sources of information    **The Breeder's Gazette** ,1899    **Sessional Papers** Ontario. Legislative Assembly,1883

## Embracing the Song of Appearance: An Emotional Symphony within **Overfed Head**

In a world taken by monitors and the ceaseless chatter of instantaneous connection, the melodic splendor and mental symphony developed by the published term frequently fade into the background, eclipsed by the persistent noise and distractions that permeate our lives. However, set within the pages of **Overfed Head** a marvelous fictional value brimming with organic thoughts, lies an immersive symphony waiting to be embraced. Crafted by a masterful composer of language, this fascinating masterpiece conducts visitors on a psychological journey, well unraveling the hidden melodies and profound affect resonating within each carefully crafted phrase. Within the depths of the emotional evaluation, we will examine the book's main harmonies, analyze its enthralling publishing fashion, and surrender ourselves to the profound resonance that echoes in the depths of readers' souls.

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