



The Art and Science of Aquatic
Fitness, Bodywork & Therapy

Nalu
the wave



Douglas Bedgood
Barbara Courtney
Alexander Georgeakopoulos

Nalu The Art And Science Of Aquatic Fitness Bodywork Therapy

Viruti Shivan

Nalu The Art And Science Of Aquatic Fitness Bodywork Therapy:

Nalu "the Wave" Douglas Bedgood, Barbara Courtney, Alexander Georgeakopoulos, 2004 **Aquatic Therapy Specialist - The Comprehensive Guide** Viruti Shivan, 2023-12-17 Dive into the therapeutic world of aquatic therapy with this comprehensive guide tailored for both aspiring and experienced aquatic therapy specialists. This book offers a deep dive into the principles and practices of water-based rehabilitation, blending scientific knowledge with practical applications. From understanding the unique properties of water and their impact on the human body to exploring a wide range of aquatic therapy techniques, this guide covers everything you need to know to excel in this specialized field. Whether you're a physical therapist, occupational therapist, exercise physiologist, or a student aspiring to enter the field, this book serves as an invaluable resource. You will learn about patient assessment in an aquatic environment, program design, and the integration of aquatic therapy into various rehabilitation programs. The guide also discusses the latest research tools and technologies in aquatic therapy, along with ethical considerations and best practices. Enhanced with case studies, detailed illustrations, and practical tips, **Aquatic Therapy Specialist The Comprehensive Guide** is more than just a textbook; it's a roadmap to excellence in the world of aquatic therapy. Embrace the healing power of water and transform lives one session at a time.

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