



Weight Tracker

Habit Tracker

Exercise Log

Fitness Goals Plan

[illegible]

Tips Wellness Planner

Ivette Brown

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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was immediately smitten with what the World Wide Web could do Later while attending the UN Fourth World Conference on Women in Beijing China in 1995 Leeke found herself in an Internet caf where she experienced an interaction that changed her life Over time through interactions and conversations both online and in person Leeke developed the concept of digital sisterhood Embracing this revolutionary concept led to a complete career reinvention that finally allowed her to embrace her enormous creative spirit She found in her digital sisters true sheroes and virtual mentors Her blogging and social media adventures highlight the lessons she learned in the process the reasons she launched the Digital Sisterhood Network and the experiences that caused her to adopt what she terms the fierce living commitments In her memoir Leeke details her journey sharing experiences and insights helped her and her digital sisters use the Internet as a self discovery tool and identifying leadership archetypes that shaped her role as a social media leader The Self Care Planner Paige Cooper Rn,2020-01-14

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