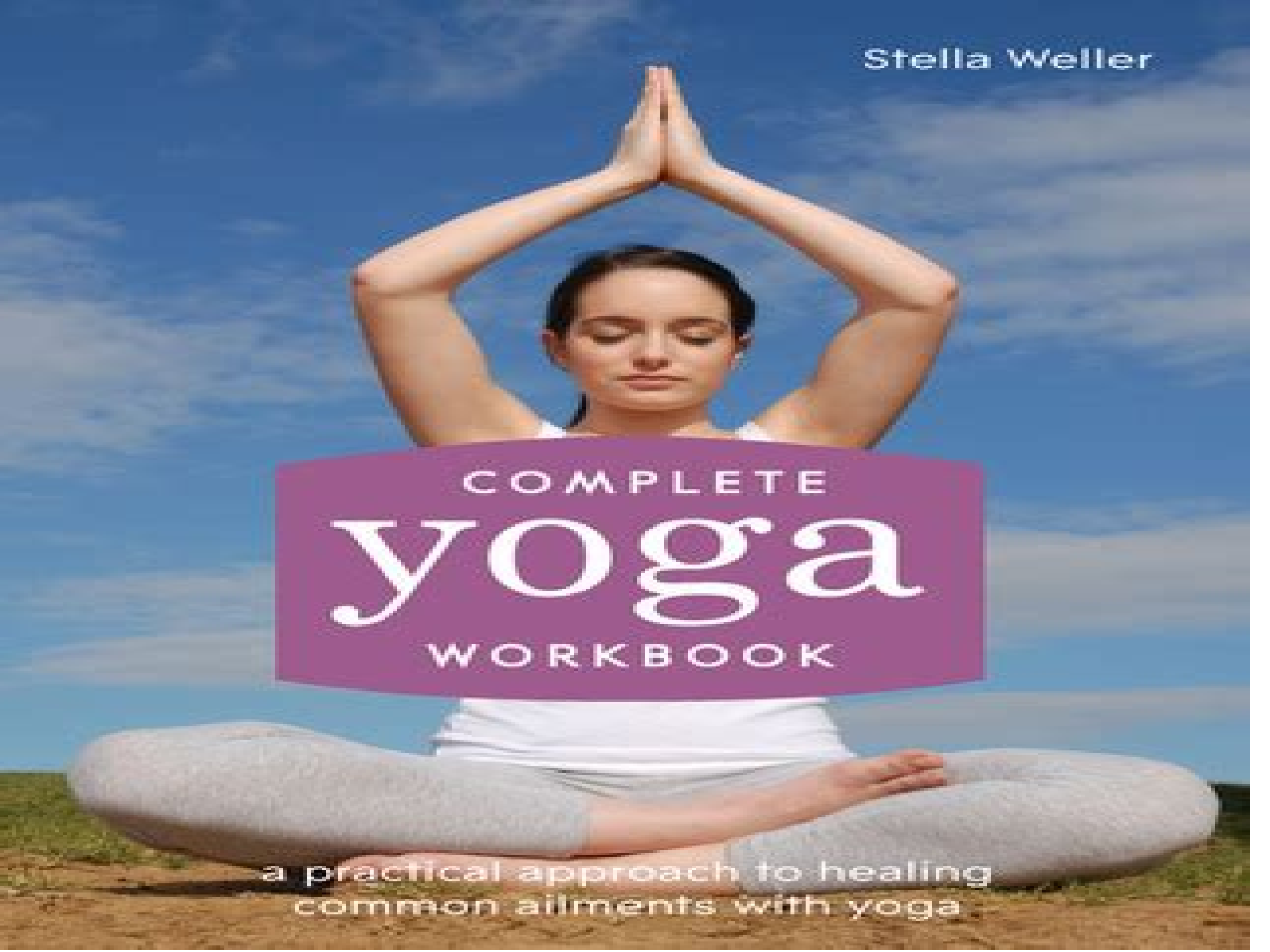


A woman with dark hair tied back is sitting in a lotus position on a grassy field. She is wearing a white tank top and grey leggings. Her hands are pressed together in a prayer position above her head, with her arms extended upwards. Her eyes are closed, and she has a serene expression. The background is a clear blue sky with some light clouds. A purple rectangular box is superimposed over the center of the image, containing the title text.

Stella Weller

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**Kathryn Budig, Editors of Women's
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