

D. E. HARDING
ON HAVING NO HEAD

Zen and the Rediscovery of the Obvious



On Having No Head

RS Peters

On Having No Head:

Summary of Douglas Harding's On Having No Head Milkyway Media,2024-03-27 Get the Summary of Douglas Harding s On Having No Head in 20 minutes Please note This is a summary not the original book Douglas Harding s On Having No Head recounts a profound realization during a walk in the Himalayas where he discovered his lack of a head replaced by a boundless void that encompassed everything This insight led to a sense of peace and unity as he no longer perceived a separation between himself and the world Harding explores the implications of this headless state suggesting that it aligns with Zen Buddhism and the teachings of mystics who recognize the formless nature of our true selves

On Having No Head Douglas E. Harding,2002-05-07 For more than fifty years Douglas Harding has been sharing with people around the world a unique method for rediscovering the most obvious aspect of ourselves the truth of our fundamental identity In this informal talk from his home in England Douglas stimulates his audience to find out the nature of their own reality using a variety of experiments simple deep awareness exercises that lead one to the center of harmony and peace the very nature of our real being Practicing the principles in On Having No Head can bring us to see who we really are in the truest sense of the term

How Non-being Haunts Being Corey Anton,2020-11-03 How Non being Haunts Being reveals how the human world is not reducible to what is Human life is an open expanse of what was and what will be what might be and what should be It is a world of desires dreams fictions historical figures planned events spatial and temporal distances in a word absent presences and present absences Corey Anton draws upon and integrates thinkers such as Jean Paul Sartre Henri Bergson Kenneth Burke Terrence Deacon Lynn Margulis R D Laing Gregory Bateson Douglas Harding and E M Cioran He discloses the moral possibilities liberated through death acceptance by showing how living beings who are of space not merely in it are fundamentally on loan to themselves A heady multidisciplinary work How Non being Haunts Being explores how absence incompleteness and negation saturate life language thought and culture It details how meaning and moral agency depend upon forms of non being and it argues that death acceptance in no way inevitably slides into nihilism Thoroughgoing death acceptance in fact opens opportunities for deeper levels of self understanding and for greater compassion regarding our common fate Sure to provoke thought and to stimulate much conversation it offers countless insights into the human condition

On Having No Head Douglas Edison Harding,1972 **Punch** Mark Lemon,Henry Mayhew,Tom Taylor,Shirley Brooks,Francis Cowley Burnand,Owen Seaman,1895

While the Billy Boils Henry Lawson,1928 *Reasons why the priests of Rome deny the laity under their charge the divine right of private judgment, by an Irish layman [F. Bell].* Francis Bell (of Portadown.),1883

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