

Map of Consciousness

Developed By David R. Hawkins

	Name of Level	Energetic Log	Predominant Emotional State	View of Life	God-view	Process
Spiritual Paradigm	Enlightenment	700-1000	Ineffable	Is	Self	Pure Consciousness
	Peace	600	Bliss	Perfect	All-Being	Illumination
	Joy	540	Serenity	Complete	One	Transfiguration
	Love	500	Reverence	Benign	Loving	Revelation
Reason & Integrity	Reason	400	Understanding	Meaningful	Wise	Abstraction
	Acceptance	350	Forgiveness	Harmonious	Merciful	Transcendence
	Willingness	310	Optimism	Hopeful	Inspiring	Intention
	Neutrality	250	Trust	Satisfactory	Enabling	Release
Survival Paradigm	Courage	200	Affirmation	Feasible	Permitting	Empowerment
	Pride	175	Scorn	Demanding	Indifferent	Inflation
	Anger	150	Hate	Antagonistic	Vengeful	Aggression
	Desire	125	Craving	Disappointing	Denying	Enslavement
	Fear	100	Anxiety	Frightening	Punitive	Withdrawal
	Grief	75	Regret	Tragic	Disdainful	Despondency
	Apathy	50	Despair	Hopeless	Condemning	Abdication
	Guilt	30	Blame	Evil	Vindictive	Destruction
	Shame	20	Humiliation	Miserable	Despising	Elimination

Maps Of Consciousness

Ralph Metzner



Maps Of Consciousness:

The Map of Consciousness Explained David R. Hawkins, MD/PHD, 2020-10-20 A simple and accessible exploration of the best selling author of Letting Go and Power vs Force David R Hawkins M D Ph D most famous work The Map of Consciousness that will help you to experience healing and transcendence World renowned author psychiatrist clinician spiritual teacher and researcher of consciousness David R Hawkins shares that we are all born with an energetic frequency within the vast field of consciousness And with The Map of Consciousness we can truly understand the total spectrum of human emotions and consciousness Using a unique muscle testing method Dr David R Hawkins conducted more than 250 000 calibrations during 20 years of research to define a range of values attitudes and emotions that correspond to levels of consciousness This range of values along with a logarithmic scale of 1 to 1 000 became the Map of Consciousness which Dr David R Hawkins first wrote about in his best selling book Power vs Force With the Map Dr David R Hawkins laid out the entire spectrum of consciousness from the lower levels of Shame Guilt Apathy Fear Anger and Pride to Courage Acceptance and Reason all the way up to the more expanded levels of Love Ecstasy Peace and Enlightenment These higher energy fields are a carrier wave of immense life energy An essential primer on the late Dr David R Hawkins s teachings on human consciousness and their associated energy fields The Map of Consciousness Explained offers an introduction and deeper understanding of the Map with visual charts and practical applications to help you heal recover and evolve to higher levels of consciousness and energy This enlightening book transcends the boundaries of conventional wisdom integrating the realms of psychology philosophy and spirituality in a powerful exploration of human consciousness and human potential to help you be more effective in every area of your life Some highlights include A thoughtful fusion of psychology philosophy and spirituality A comprehensive interpretation of the law of attraction and its intrinsic link with consciousness and personal evolution A scientifically grounded guide to harness the power of positive thinking and its practical applications An insightful perspective on the power vs force dynamic offering fresh insights into personal and professional relationships An enriching collection of practical exercises and affirmations designed to awaken and energize your consciousness Dr David R Hawkins has a remarkable ability to simplify complex concepts Whether you re in search of motivational books for women leadership books for aspiring entrepreneurs or behavior books to comprehend the nuances of human interaction this book can revolutionize how you perceive and interact with the world inspiring profound transformation and positive change That which weakens life energy is to be avoided shame guilt confusion fear hatred pride hopelessness and falsehood That which uplifts life is to be realized truth courage acceptance reason love beauty joy and peace David R Hawkins M D Ph D Whether you re a scholar a personal growth enthusiast or simply on a path of self discovery this book will help you live with more awareness and lead a more conscious and fulfilling life Map of Consciousness Explained David R. Hawkins, 2020-10-20 The Map of Consciousness Explained is an essential primer on the late Dr David R Hawkins s teachings on human consciousness and

their associated energy fields Using muscle testing Dr Hawkins conducted more than 250 000 calibrations during 20 years of research to define a range of values attitudes and emotions that correspond to levels of consciousness This range of values along with a logarithmic scale of 1 to 1 000 became the Map of Consciousness which Dr Hawkins first wrote about in his New York Times bestseller *Power vs Force* In this book readers will gain an introduction and deeper understanding of the Map with visual charts and practical applications to help them heal recover and evolve to higher levels of consciousness and energy

The Spectrum of Consciousness Ken Wilber, 2012-12-19 Wilber's groundbreaking synthesis of religion philosophy physics and psychology started a revolution in transpersonal psychology He was the first to suggest in a systematic way that the great psychological systems of the West could be integrated with the noble contemplative traditions of the East Spectrum of Consciousness first released by Quest in 1977 has been the prominent reference point for all subsequent attempts at integrating psychology and spirituality

Mapping Human Consciousness Mark Dicks, 2015-12-31 This book consists of a series of eleven related maps demarcating the elements and contours of human consciousness as a three dimensional integrated organic structure or what the book refers to as the consciousness body The book empowers understanding and enables the application of positive awareness to both individual and collective choice it is an invitation to dialogue and the exercise of imagination in the further development of remedial and transformational theory and it is a bridge between familiar and imaginable between former and present and between absence and genesis This work will appeal to scholars and students of human consciousness and it will have a broader appeal to persons interested in personal awareness personal improvement and matters of spirituality

The Development of Consciousness Giampaolo Sasso, 2018-04-17 The EFPP European Federation for Psychoanalytic Psychotherapy promotes communication and discussion between psychotherapists across national boundaries in the child and adolescent adult family and group sections of the organisation through its conferences and seminars on topics of interest in contemporary psychoanalytic psychotherapy The organisation represents some 13 000 psychoanalytic psychotherapists in 22 countries in Western Central and Eastern Europe and is concerned with many matters which are relevant to the profession such as training and registration To learn more about the EFPP conferences and activities see www.efpp.org

Monarchs, Ministers, and Maps David Buisseret, 1992-12-15 These diverse essays investigate political factors behind the rapid development of cartography in Renaissance Europe and its impact on emerging European nations By 1500 a few rulers had already discovered that better knowledge of their lands would strengthen their control over them by 1550 the cartographer's art had become an important instrument for bringing territories under the control of centralized government Throughout the following century increasing governmental reliance on maps demanded greater accuracy and more sophisticated techniques This volume a detailed survey of the political uses of cartography between 1400 and 1700 in Europe answers these questions When did monarchs and ministers begin to perceive that maps could be useful in government For what purposes were maps commissioned How

accurate and useful were they How did cartographic knowledge strengthen the hand of government By focusing on particular places and periods in early modern Europe the chapters offer new insights into the growth of cartography as a science the impetus behind these developments often rulers attempting to expand their power and the role of mapmaking in European history The essay on Poland reveals that cartographic progress came only under the impetus of powerful rulers another explores the French monarchy's role in the burst of scientific cartography that marked the opening of the splendid century Additional chapters discuss the profound influence of cartographic ideas on the English aristocracy during the sixteenth century the relation of progress in mapmaking to imperialistic goals of the Spanish and Austrian Habsburgs and the supposed primacy of Italian mapmaking following the Renaissance Contributors to this volume are Peter Barber David Buisseret John Marino Michael J Mikos Geoffrey Parker and James Vann These essays were originally presented as the Kenneth Nebenzahl Jr Lectures in the History of Cartography at the Newberry Library Maps of Consciousness Ralph Metzner, 1974 **The Metaverse of Consciousness** Shelli Renée Joye, 2025-05-20 Develops the concept of the metaverse the transcendental universe composed of additional hidden dimensions operating in parallel with space and time Integrates and maps the theories of consciousness developed by Carl Jung David Bohm Pierre Teilhard de Chardin and other scientists Offers the reader a path into the hidden dimensions through detailed maps of psyche mind and cosmos The metaverse as this wider universe is now coming to be known is rooted in one interconnected consciousness that encompasses space and time as well as previously unknown dimensions only recently detected In this book Shelli Ren e Joye Ph D offers ways in which to visualize enter and explore a multitude of these transcendent nonspatial and nontemporal states and stages of consciousness as she reveals vast webs of interlinked consciousness forming a single universal psyche Joye integrates the ideas of modern scientist philosophers who view reality as a projection of a single multidimensional consciousness Carl Jung and his concept of the psychoids Pierre Teilhard de Chardin and his vision of an integrated noosphere of consciousness and the quantum maps of consciousness developed by Karl Pribram and David Bohm The book culminates with a call to explore transcendental consciousness by developing and following our own uniquely personal paths with which we too can enter the wider dimensions of awareness in the metaverse The Collected Works of Ken Wilber: The spectrum of consciousness ; No boundary ; Selected essays Ken Wilber, 1999 *A History of Spaces* John Pickles, 2012-11-12 This book provides an essential insight into the practices and ideas of maps and map making It draws on a wide range of social theorists and theorists of maps and cartography to show how maps and map making have shaped the spaces in which we live Going beyond the focus of traditional cartography the book draws on examples of the use of maps from the sixteenth century to the present including their role in projects of the national and colonial state emergent capitalism and the planetary consciousness of the natural sciences It also considers the use of maps for military purposes maps that have coded modern conceptions of health disease and social character and maps of the transparent human body and the transparent earth *Road-Map to Consciousness*

Roshan M Sharma,2018-05-14 On the path of experiencing consciousness you pick an unknown territory On the path to consciousness you don't find anything familiar Every step you take has no relevance from the past Every experience remains fresh for you You have to stay open to different experiences of life A whole new world opens for you on the path of consciousness The world that you might have heard in scriptures but never experienced for the self The way to the consciousness is through the subtle world The physical world you are already experiencing outside while the subtle world exists inside The path to consciousness brings you closer to the experience of truth The mind deceives you in as many ways possible but when you get on the path of experiencing the truth all the illusions or delusions of the mind wither away and you experience altogether a new reality for yourself The things of the mind keep you separate from the actual reality of life It's only when you consciously live your daily life putting the things of the mind behind you experience life from a different perspective Life is possible without mind To experience consciousness and to create life out of consciousness you have to connect with the life of the moment The mind keeps you engaged into the external reality but you have to consciously direct your mind inward and spend some time each day to know your inner world It's only by connecting and knowing the inner world you reach to the truth of life Your daily life is based on your perception and your perception depends on the memories of the mind The path of consciousness takes you to the state of mind where you can experience life dropping all the individual perceptions of the mind The life at the level of the mind keeps you limited to your own world but with the consciousness you experience life as a whole The life with consciousness is living a reality You come out of your mind and connect with the life that is happening here and now Life is positive but only when you experience it at the moment All the pain suffering and negativity are experienced by moving away from the moment The time you consciously connect with the life of the moment you start experiencing positivity of life The experience of consciousness connects you with the higher intelligence You connect with the knowing Knowing which not knowledge rather knowing is directly looking into life With the knowing you don't think and evaluate your life rather you directly see the truth of life With the consciousness you connect with the knowing No information or knowledge Simply knowing which is directly experiencing life **Nature** Sir Norman

Lockyer,1915 Maps of Consciousness Ralph Metzner,2023-10-03 Explores six ancient yet timeless systems for exploring the mind the I Ching Tantra Tarot astrology alchemy and the yoga philosophy of Actualism Shares exercises from each system and illuminates the key stages in the journey of consciousness development Shows how each of these disciplines can help you become a fully aware and conscious participant in your own spiritual evolution In this highly acclaimed classic psychedelic elder Ralph Metzner presents a guide to six ancient systems once known only to the initiated few to expand awareness and free your consciousness from exterior limitations and cultural conditioning Metzner begins with the I Ching revered by the Chinese as the oldest and wisest book in the world He explains how it reveals change as the evolutionary constant and offers a hands on method of divination and guidance He explores the Hindu and Buddhist Tantras of medieval

India ancient practices celebrating the union of male and female energies that transmute ordinary sense experience into ecstatic ritual worship He examines the Tarot revealing how the cards act as culture transcending mirrors bringing us through worlds of darkness and light in a complex journey He looks at the practice of alchemy explaining how it is a psychic chemistry of inner union through which we can transform planetary and cosmic energies He explores the esoteric aspects of astrology revealing the rhythmic cycles of the planets and how their phases may be experienced in terms of motion and emotion He then examines in depth the yoga philosophy of Actualism centered on the techniques of Agni Yoga which allow you to use your living inner fire to illuminate the shadow parts of consciousness and burn out that which obstructs the free flow of energy With a new foreword by UC Berkeley professor of neurobiology David E Presti and featuring all of the original diagrams this edition of Metzner s classic text shows how each of these disciplines can help the modern individual become a fully aware and conscious participant in their own spiritual evolution **Maps of the Mind** Charles Hampden-Turner,1981

An Empirical-phenomenological Approach for Mapping Consciousness and Its Various "states" Ronald J. Pekala,1980 The Journal of Transpersonal Psychology ,1974 Orientation to the History of Roman Judaea Steve Mason,2016-12-09 No field of study is livelier than the history of Roman era Judaea ca 200 BC to AD 400 Bold reinterpretations of texts and new archaeological discoveries prompt us constantly to rethink assumptions What kind of religion was Judaism How did Jews and Christians relate to Roman imperial power Should we speak of Judaism or Judaisms How should the finds at Qumran affect our understanding Did Paul and other early Christians remain within Judaism Should we translate Ioudaioi as Jews or Judaeans These debates can leave students perplexed this book argues because the participants share only a topic They are actually investigating different questions using disparate criteria In the hope of facilitating communication and preparing advanced students this book explores two basic but neglected problems What does it mean to do history if history is what we wish to do And how did the ancients understand and describe their world It is not a history then but an orientation to the history of Roman Judaea Rather than trying to specify which questions are good ones or what one should think about them the book offers new perspectives to help unleash the historical imagination while reckoning squarely with the nature of our evidence Academy and Literature Charles Edward Cutts Birch Appleton,Charles Edward Doble,James Sutherland Cotton,Charles Lewis Hind,William Teignmouth Shore,Alfred Bruce Douglas,Ellis Ashmead-Bartlett,Thomas William Hodgson Crosland,1881 *The Journal of Geography* ,1905 **Historical and Archaeological Tracts** ,1877

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