

There is a self within me, deeper than myself.

The concept of "self" encompasses an individual's understanding and awareness of their own identity, incorporating elements such as beliefs, values, emotions, behaviors, and experiences. This multifaceted and interdisciplinary notion is connected to various aspects of a person's personality, social roles, and interactions with others.

Theorists such as George Herbert Mead and W. B. Pierce contended that communication is integral to the formation of the self. From their standpoint, the self materializes through social engagement and communicative processes, with individuals perpetually interacting with others and negotiating their identities.

Mead, specifically, underscored the importance of "symbolic interactionism" in the evolution of the self. He posited that the self is not a static construct but is instead developed and continually reshaped through social interactions and the employment of symbols, including language, gestures, and expressions.

"He saw the human being as an organism having a self. The possession of a self converts the human being into a special kind of actor, transforms his relation to the world, and gives his action a unique character, in ascertaining that the human being has a self. Mead simply meant that the human being is an object to himself. The human being may perceive himself, have conceptions of himself, communicate with himself, and act toward himself." (Hamer, 1969, pg. 2)

He put forth two dimensions of the self: the "I" and the "me." The "I" symbolizes the self's spontaneous, inventive, and impetuous facets, while the "me" signifies the self's socialized, contemplative, and structured aspects.

O'Boyle enlightens Mead's distinction between the "I" and "Me," arguing that the self consists of these two distinct elements. According to Mead, the "Me" embodies the social self, while the "I" denotes the more introspective self. He maintains that, unlike the "Me," we do not possess immediate awareness of the "I" in a specific moment; rather, our recognition of it emerges after we have responded to a situation. (O'Boyle, 2022, p. 34).

Within this framework, revealing personal information to others through communication serves not only as a means of information exchange but also as an active process that molds the self. By divulging personal experiences, emotions, and thoughts, individuals participate in a dynamic process of self-discovery and self-definition. This process can foster personal development, self-awareness, and an enhanced comprehension of one's position in social contexts. This also illustrates why communication not only discloses but also generates.

Me Myself And I An Interdisciplinary Unit On Personal Awareness Networking The Disciplines Series

Katrin Zwirgmaier



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1 it was invented by vuk stefanović karadžić for

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imagine how fun it would be gliding gracefully on the ice performing magnificent spins and triple toe loops it will take a while to get there however

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web naturally one of the basics you ll need to know is how to stop to stop bend your knees turn the toes of each foot inwards point your heels out and push out on your heels this will slow you down and bring you to a stop rather than barreling into an unfortunate stranger

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web basic skills 1 sit on ice and stand up march forward across the ice forward two foot glide dip forward swizzles 6 8 in a

row backward wiggles 6 8 in a row beginning snowplow stop on two feet or one foot bonus skill two foot hop in place

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web when asked to teach us some of the basics to ice skating and figure skating the cheerful henry park primary school student duly obliged and we were lucky to have our video cameras ready if you would like to pick up ice skating learn some of the essentials by watching our ice skating for beginners video here below

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web feb 25 2023 1 gear up before you get out on the ice you need to put on your skates don t worry about buying your own gear right away you can rent your gear until you re sure you want to figure skate for a long time remember to dress warmly gloves and scarves are good 1 make sure you rent skates that fit

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