

Efficacy of low-level laser irradiation in accelerating tooth movement in dento-alveolar posterior bilateral cross bite correction in adults: A Randomized clinical trial.

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Keywords:

Self-ligating, Brackets, crossbite, Laser, accelerating, tooth movement.

ABSTRACT

The aim of this study was to evaluate the effect of low-level laser irradiation in accelerating tooth movement along with self-ligating brackets in dento-alveolar posterior bilateral cross bite correction in adults. Thirty one patients (mean age: 18-25 years) with bilateral posterior crossbite of dento-alveolar origin. Split mouth design was performed and followed. Each upper arch was divided into two sides (experimental and control). Separation rubber was applied for a week then attach the orthodontic brackets and bands and 0.019-in archwire was applied. The laser was applied to the experimental side with a wavelength of 830 nm in a continuous mode (energy density, 1 J/cm²) on 3 points buccally and palatally around each root of upper first and second premolar and upper first molar on the experimental side; the other side was designated as the control with nontherapeutic light applied. Laser irradiation was applied at baseline and then on the 3rd, 7th, 14th, 21st day after that repeated every mouth until the crossbite corrected. A CBCT image of the upper jaw was taken after the two ends came out of the dental alveolar crossbite to assess the changes in the thickness of vestibular alveolar bone and degree of torque on upper first molar and first, second premolar before and after treatment on both sides. The thickness of vestibular alveolar bone on upper first and second premolar and first molar before the treatment was significantly different after treatment on both the experimental and control sides ($p<0.05$), the same was for the degree of torque on upper first and second premolar and first molar on both sides. The thickness of vestibular alveolar bone and degree of torque on upper first and second premolar and first molar was nonsignificant ($p > 0.05$) between the two sides before and after treatment. Within the limitation of this study we can conclude that the laser did not have an additional role in increasing treatment efficacy and the self-ligating brackets were effective in correcting posterior crossbite by widening the upper arch.

Low Level Irradiation

B. H. Ershoff, T. M. Graham

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Low-level Radiation United States. Department of Energy. Technical Information Center,1978 **Low-level Irradiation** American Association for the Advancement of Science. Section on Zoological Sciences,1959 *Effects of Low Level Irradiation Upon the Preservation of Food Products* ,1967 **Biological Effects of Low-level Radiation** International Atomic Energy Agency,1983 *Chronic Effects of Low-level Radiation Upon Protein and Amino Acid Requirements* B. H. Ershoff,A. F. Wells,S. Bernick,H. Sobel,T. M. Graham,1959 *Known effects of low-level radiation exposure* ,1980 Chronic Effects of Continuous Low-level Gamma Radiation Upon B Vitamin Requirements B. H. Ershoff,T. M. Graham,1962 Immature male rats were fed a highly purified diet containing low medium and high doses of the B vitamins A fourth group was fed a natural food stock ration Animals were exposed for periods up to 17 weeks to gamma irradiation from a Cesium 137 Barium 137 source at levels of 0 3 30 300 and 500 r per week Average length of survival at the 500 r per week level was significantly longer for rats fed the stock ration than for rats fed the purified diets No significant difference in growth increment appearance organ weights or length of survival attributable to differences in B vitamin content were observed among the various groups General animal activity measured by an open field test decreased with exposure to radiation up to 8 weeks duration while changes in learning ability were noted after 17 weeks The composition of the diet employed was without significant effect on activity or learning performance on either irradiated or nonirradiated rats *The Effect of Low Intensity Laser Irradiation and Low Level, Low LET Ionising Radiation on DNA Within Mammalian Cells* Ian D. Logan,1997 **American Quarterly of Roentgenology** ,1930 **Some Aspects of Internal Irradiation** Thomas Francis Dougherty,1962 *The American Journal of Roentgenology and Radium Therapy* ,1930 **Energy Research Abstracts** ,1977 Semiannual with semiannual and annual indexes References to all scientific and technical literature coming from DOE its laboratories energy centers and contractors Includes all works deriving from DOE other related government sponsored information and foreign nonnuclear information Arranged under 39 categories e g Biomedical sciences basic studies Biomedical sciences applied studies Health and safety and Fusion energy Entry gives bibliographical information and abstract Corporate author subject report number indexes Investigating the Efficacy of Low Level Laser Irradiation in Wound Healing Basiliros E. Sideris,2010 The Lancet ,1922 The American Journal of the Medical Sciences ,1928 **Proceedings of International Symposium on Radiation Education (ISRE 98)** ,1999 **Current Cancer Research on Radiation Carcinogenesis and Related Radiobiology** ,1981 *Transactions of the American Nuclear Society* ,1995 **Toxicology Research Projects Directory** ,1980 An indexed directory of current research project abstracts in toxicology and related fields **Low Level Laser Irradiation of Nerve Cells in Vitro** James Jonathan Gift,Susan Regina Mallery,1996

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