

# Top Study Tips



**1**

Give yourself  
enough time  
to study



**2**

Review syllabuses  
and subject reports



**3**

Organise study  
groups with  
friends



**4**

Take regular  
breaks



**5**

Practise on  
past papers\*



**6**

Snack on  
'brain food'



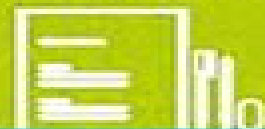
**7**

Plan your  
exam day



**8**

Organise your  
study space



**9**

Get plenty  
of sleep



# Tips Psychology Of Success

**Joseph Zajda**



## **Tips Psychology Of Success:**

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