

Alicia López Blanco



Nueva edición revisada, ampliada y actualizada

Nuevo manual de Reflexología

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Manual De Reflexologia

Clemens Wendtner



Manual De Reflexología:

Nuevo manual de Reflexología Alicia López Blanco, 2017-03-01 Este manual de absoluta referencia revisado y actualizado nos presenta el curso completo del Método López Blanco de Reflexología Holística una terapia que contribuye al bienestar calidad de vida y salud integral de la persona La obra de lectura sencilla y claridad conceptual posee una estructura didáctica que facilita el aprendizaje propiciando la incorporación de conocimientos de forma gradual y segura Está dirigida tanto a profesionales de la salud como a toda persona que centre su interés en este tipo de abordajes El lector podrá acceder a contenidos teóricos técnicas ilustradas con una detallada descripción práctica de sus formas de aplicación localización de áreas reflejas sesiones generales y específicas para tratar problemas puntuales formas de organización de tratamiento técnicas diagnósticas una interpretación holística de los síntomas corporales y una guía detallada para la realización de la lectura de los pies tanto para el reflexólogo como para cualquier persona interesada en acceder a este saber La filosofía del holismo y su desarrollo en la reflexología podal Aproximación reflexológica a la anatomía humana Interpretación holística de los distintos desórdenes y trastornos Aplicación de las técnicas manuales verbales y diagnósticas para la curación Orientación para la realización de programas reflexológicos aplicados a problemas de salud concretos sesiones generales y sesiones específicas Cómo leer e interpretar el mensaje de los pies Un libro de referencia para descubrir en profundidad las más modernas técnicas reflexológicas y su implicación con la salud cuerpo mente La filosofía holística es una forma de entender al ser humano como una unidad de cuerpo mente energía cultura historia personal y todo aquello que ha determinado su estado actual

Manual de Reflexología Alicia López Blanco, 2001-03 En este libro Alicia López Blanco nos transmite su método completo de enseñanza de esta terapia Bajo un sólido marco teórico esta obra expone una exhaustiva y detallada descripción práctica de las formas de aplicación de las técnicas manuales verbales y diagnósticas También propone como desarrollar sesiones generales y específicas para tratar problemas puntuales así como precisas indicaciones para realizar la lectura de los pies y una interpretación holística de los síntomas corporales que facilite la decodificación de los mensajes que emite el cuerpo a través de los desequilibrios *Manual de reflexología* Pauline Wills, 2019-07 **Manual completo de**

Reflexología Ann Gillanders, 2008 *Manual de Reflexología* Carlos Adolfo Oribe, 2009-03 Reflexology is one of the most natural medicinal disciplines in the world All it requires are the therapist's hands the patient's feet and knowledge of the correspondences between zones of the feet and areas of the body This book includes ample information about reflexology treatment techniques and its scope of effectiveness SPA-NUEVO MANUAL DE REFLEXOLOG Alicia López

Blanco, 2017-08-01 This new illustrated edition presents the full course of the López Blanco method of reflexology and holistic health that improves general well being quality of life and overall health The work is easy to read with conceptual clarity and has a didactic structure that facilitates learning It is aimed at both health professionals and anyone else who is interested in holistic approaches The reader can access theoretical content explore techniques that are illustrated with detailed practical

descriptions locate reflex areas learn diagnostic techniques and reflexology guidance Manual de reflexología Enrique Ruano Carreño, 2013 Manual de reflexología de la mano Kevin Kunz, Barbara Kunz, 1988 **Primer manual de reflexología terapéutica** Kamel Dib, 2007 **Reflexología total : el manual más completo sobre el masaje reflejo por los dos reflexólogos de mayor prestigio mundial** Mildred Carter, Tammy Weber, 2003 Actualización hecha por los mismos autores de lo que es ya un clásico de la autocuración Los dos reflexólogos más prestigiosos del mundo describen métodos de masaje presión y estiramientos sencillos y eficaces *Fichero bibliográfico hispanoamericano*, 1990

Manual de reflexoterapia podal Frederic Vinyes, 2025-06-18 APRENDE ESTA TÉCNICA MILENARIA PARA ALIVIAR AFECCIONES COMUNES Y MEJORAR TU BIENESTAR La respuesta para tu salud está en los pies En las plantas de los pies acaban innumerables terminaciones nerviosas que guardan una conexión refleja con distintos órganos de nuestro cuerpo Mediante estímulos físicos adecuados y mecánicos de estas terminaciones la reflexoterapia podal puede aliviar y ayudar en el tratamiento de muchas dolencias de nuestro organismo En este libro el doctor Frederic Vinyes nos ofrece una guía perfecta para dar los primeros pasos y profundizar en esta terapia milenaria En él encontrarás Una introducción sencilla a los fundamentos neurofisiológicos de la reflexoterapia Toda la información necesaria para iniciarse en la práctica de esta disciplina distintas formas de aplicación indicaciones contraindicaciones zonas de proyección refleja Técnicas de reflexoterapia para afecciones tan variadas como dolores de espalda problemas de circulación y en especial procesos dolorosos y espasmódicos Descubre el poder de la reflexoterapia podal para transformar tu salud **Manual de Reflexología Podal Tailandesa** Shana Fidalgo, 2015-05-18 Manual Completo de reflexología Podal Tailandesa *The Reflexology Manual* Pauline Wills, 1995-10-01 An ancient therapy used in China Egypt and India reflexology provides effective holistic treatment for both common and more serious disorders According to reflexology the hands and feet are microcosms of the body containing points or zones that relate to individual glands nerves muscles and organs Reflexology harnesses the body's healing energy by stimulating specific pressure points on the hands and feet alleviating the energy blocks that can cause pain or disability and restoring optimum health In *The Reflexology Manual* the practical text guides the reader in mastering these self help techniques and color photographs illustrate a full reflexology treatment step by step Full color illustrations throughout Detailed diagrams of pressure point zones on the hands and feet Clear explanations of how to work with the energy meridians Ideal for beginners as well as experienced students of reflexology *Bibliografía española*, 2006

Programa paso a paso de reflexología Claire Wynn, 2007-10-18 La reflexología basada en técnicas usadas en la antigüedad es un excepcional método de emplear los dedos de las manos y en especial el pulgar para estimular zonas reflejas de los pies manos y rostro que se corresponden directamente con glándulas órganos y partes del cuerpo Este tratamiento profundamente relajante permite liberar los bloqueos de la energía que circula por el cuerpo y estimula los sistemas circulatorio y linfático ayudando a aliviar el dolor y a mejorar el bienestar general EL LIBRO Programa paso a paso de

Reflexología explica con claridad las técnicas usadas en reflexología. Es una obra de consulta totalmente ilustrada que incluye detalladas instrucciones y fotografías a todo color. Esta guía paso a paso incluye una sesión completa de reflexología, diagramas detallados de los pies, las manos y el rostro mostrando las zonas reflejas y explica cómo prepararse para una sesión y relajar los pies y las manos del paciente antes de comenzar el tratamiento. EL DVD Programa paso a paso de Reflexología dura 45 minutos y abarca una sesión completa paso a paso de reflexología podal manual y facial facilitando el aprendizaje de las técnicas descritas en el libro.

Tratado de Psiquiatría Henri Ey, P. Bernard, Ch. Brisset, 1994-12 *Reflexología criminal* Osvaldo Nelo Tieghi, 1974 **Livros de Portugal**, 1997 **Livros disponíveis**, 1999

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