

# Everything You Need to Know About Migraine Headache



There are 150 different types of headaches! They fall into the primary and secondary categories. If you are given the diagnosis of having a primary headache, it means the headache has no other underlying causes or diseases. This first group includes migraines, which can be the main reason for headaches. For your reference, the following article contains useful information on the signs, causes, and [Migraine Headache Treatment](#). Look at that.

A migraine is a neurological condition marked by the over-excitability of particular brain regions, which typically causes a severe throbbing or pulsing pain in one area of the head. But migraines don't just cause excruciating headaches; occasionally there is no head pain at all. Vomiting, nauseaousness, and sensitivity to light and sound are additional symptoms.

# Migraine Everything You Need To Know

**Helen Batchelder**

## Migraine Everything You Need To Know:

**Everything You Need to Know About Migraines and Other Headaches** Barbara Moe,1999-12-15 Describes the symptoms treatment and prevention of migraine headaches and compares them to other kinds of headaches *Baby & Child Health Everything You Need to Know* DK,2012-02-01 When dealing with a sick baby or child it is vital that parents have the information they need at their fingertips Giving parents the knowledge and confidence to know when to contact a doctor or take their child to the hospital Baby Child Health Everything You Need to Know is the most accessible at home guide for parents

**Migraines For Dummies** Diane Stafford,Jennifer Shoquist,2011-04-20 If you get migraines you know how laughable it is to hear them described as headaches As one poet put it the migraine is a beast from Hell a bone crushing brain twisting heart rending apocalyptic scourge an insult to all that's holy And that's putting it mildly People have been trying to tame the migraine beast for thousands of years Some early healers bored holes into their patients skulls the Greeks inhaled the smoke of burning coffee beans while in ancient Egypt doctors tied herb stuffed clay crocodiles to migraine sufferer's heads Fortunately we live in more enlightened times and there are now medically sound approaches that are relatively simple and inexpensive and they don't leave scars or involve extreme fashion statements Your complete guide to taking charge of your migraines and getting your life back Migraines For Dummies offers a focused fleshed out program that works in the real world This friendly guide fills you in on what you need to know to Understand migraines and why you get them Relieve symptoms Pinpoint pain triggers Sort through the various medications Evaluate alternative remedies Make simple migraine busting lifestyle changes Stop migraines from disrupting your family and work lives Find a good doctor to help you manage the beast The authors look at the whole spectrum of the problem from dealing with the number one issue of pain relief to handling the peripheral problems like absences from work skepticism from friends and impact on family They also explore a range of critical related issues including Different types of migraines including abdominal ocular hemiplegic ophthamoplegic and women's hormonal migraines Triggers such as environmental allergens stress dietary triggers and even exercises that can cause migraines Over the counter medications vitamins and herbal supplements Biofeedback meditation massage acupuncture and other alternative remedies The pros and cons of prescription remedies including ergotamine derivatives antidepressants nonsteroidal anti inflammatory drugs botox and more You've tried Aunt Edna's camphor soaked head cloths Now explore a sensible medically sound approach and get on the road to full fledged pain relief with Migraines For Dummies

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**Migraine** Valerie South,1996 Valerie South shows that migraines can be controlled with varying courses of medication therapy and information The book stresses an easy to read format complete with useful side bars case histories and illustrations Line drawings     The Academy ,1898     *Everything You Need to Know about Philosophy* Stephen Herman,Denis Boyles,Gregg Stebbens,1999 From the five branches of philosophy to the 20th century s three philosophic schools this compendium explains Kant questions Socrates and picks Locke s brain     **The Medical World** ,1904

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