



5 Edition Wellness Planner

Jeff S. Rubleski

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Psychiatric & Mental Health Nursing for Canadian Practice Wendy Austin, Cindy Ann Peternelj-Taylor, Diane Kunyk, Mary Ann Boyd, 2022-07-06 Thoroughly written extensively updated and optimized for today's evolving Canadian healthcare environment Psychiatric Mental Health Nursing for Canadian Practice 5th Edition equips students with the fundamental knowledge and skills to effectively care for diverse populations in mental health nursing practice This proven approachable text instills a generalist level mastery of mental health promotion assessment and interventions in adults families children adolescents and older adults delivering Canadian students the preparation they need to excel on the NCLEX exam and make a confident transition to clinical practice Wellness Counseling Jonathan H. Ohrt, Philip B. Clarke, Abigail H. Conley, 2018-12-28 This innovative text presents a comprehensive review of the theoretical and empirical support for a wellness approach to counseling with current techniques for client assessment case conceptualization treatment planning and intervention The authors provide holistic strategies for wellness promotion with children adolescents and young midlife and older adults as well as in counseling with groups couples and families Each chapter includes reflection questions learning activities and resources to deepen readers understanding of the content and application to practice Wellness

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