

Multiple sclerosis (MS)



**Changes to
your vision.**



**Muscle weakness,
stiffness and spasms.**



Numbness or pain.



Loss of balance.



**Difficulty with
cognitive function.**



Mood changes.

Multiple Sclerosis 300 Tips 2n

R R Bowker Publishing, Bowker



Multiple Sclerosis 300 Tips 2n:

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lives they aspire to lead The chapters cover everything from treatment to emotional sexual and employment issues The new edition has been thoroughly revised and updated throughout The book provides the most current information on multiple sclerosis including a review of the controversy surrounding CCVSI discussion of the first two pills in development for the disease new information on the drug Tysabri emotional issues and the family The thoroughly revised and updated fifth edition of the classic Multiple Sclerosis The Questions You Have The Answers You Need answers even more of your questions about how to live and thrive with MS What are the current drug therapies for MS What about alternative medicine Should I exercise How common is depression with MS

Multiple Sclerosis Q & A Beth Ann Hill,2003-11-10 An insightful informative and empathic resource for learning to live well with multiple sclerosis This comprehensive yet accessible work provides authoritative and reassuring answers to the many questions that overwhelm those undergoing testing and treatment for multiple sclerosis It discusses traditional and complementary therapies for MS explains medical terminology and diagnostics and compassionately addresses the lifestyle changes many patients face while learning to manage this chronic and potentially debilitating disorder

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Practical Paleo, 2nd Edition (Updated and Expanded) Diane Sanfilippo,2016-09-06 This book explains why avoiding both processed foods and foods commonly marketed as healthy Like grains legumes and pasteurized dairy will improve how people look and feel and lead to lasting weight loss This second edition has been updated to include new information answer common questions and make it even easier for you to customize your diet to meet your personal health goals Includes two new chapters three new 30 day meal plans 40 new recipes a new guide to special ingredients and where to find them and new additions throughout the book explore new topics such as when eating low carb can actually be a problem how stress affects the adrenal system and why the government changed its mind about dietary cholesterol And the organization has been extensively revised to make the valuable information on food and how it affects the body more user friendly and easier

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