

# **Nutritional Needs in Hot Environments: Applications for Military Personnel in Field Operations**

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# Nutritional Needs In Hot Environments

**Roger Herbert Dennett**



## **Nutritional Needs In Hot Environments:**

**Nutritional Needs in Hot Environments** Institute of Medicine, Committee on Military Nutrition Research, 1993-02-01 This volume examines the current state of knowledge concerning the influence of a hot environment on nutrient requirements of military personnel A parallel concern is ensuring that performance does not decline as a result of inadequate nutrition The committee provides a thorough review of the literature in this area and interprets the diverse data in terms of military applications In addition to a focus on specific nutrient needs in hot climates the committee considers factors that might change food intake patterns and therefore overall calories Although concern for adequate nutrition for U S soldiers in Saudi Arabia prompted the initiation of this project its scope includes the nutrient needs of individuals who may be actively working in both hot dry and hot moist climates *Nutritional Needs in Cold and High-Altitude Environments* Committee on Military Nutrition Research, Institute of Medicine, 1996-05-29 This book reviews the research pertaining to nutrient requirements for working in cold or in high altitude environments and states recommendations regarding the application of this information to military operational rations It addresses whether aside from increased energy demands cold or high altitude environments elicit an increased demand or requirement for specific nutrients and whether performance in cold or high altitude environments can be enhanced by the provision of increased amounts of specific nutrients **The American Journal of Clinical Nutrition** ,2000 Committee on Military Nutrition Research Institute of Medicine (U.S.). Committee on Military Nutrition Research, Bernadette M. Marriott, Paul Thomas, 1994 **Food and Nutrition Bulletin** ,1994 **Nutrition and Diet in Health and Disease** James Somerville McLester, 1927 International Journal of Sport Nutrition ,1995 **Modern Nutrition in Health and Disease** Michael Gershon Wohl, Robert Stanley Goodhart, 1968 **Rehabilitation in Sports Medicine** Paul K. Canavan, 1998 This comprehensive guide includes both surgical and non surgical approaches to the rehabilitation and prevention of common athletic injury **The American Journal of Obstetrics and Diseases of Women and Children** ,1910 *New York Medical Journal* ,1913 Black Fox Magazine ,1926 The Health Bulletin ,1920 **International Record of Medicine and General Practice Clinics** Edward Swift Dunster, James Bradbridge Hunter, Frank Pierce Foster, Charles Eucharist de Medicis Sajous, Gregory Stragnell, Henry J. Klaunberg, Félix Martí-Ibáñez, 1913 **Journal of the Iowa State Medical Society** Iowa State Medical Society, 1919 **Special Bulletin - International Association of Ice Cream Manufacturers** International Association of Ice Cream Manufacturers, 1929 **Nutritional Requirements of Man** M. Isabel Irwin, 1980 Abstract Information on the human requirements for specific nutrients has been brought together from thousands of international sources both in current research and historical literature Clinical researchers nutrition educators and postgraduate and undergraduate students will find reviews of studies on the needs of healthy people of all ages for protein amino acids vitamins A and C calcium zinc iron copper and folacin The status of research on these nutrients can be readily ascertained and used to provide a basis for

further investigation or for teaching Each chapter begins with a general introduction and a review of early studies Some of the topics included are maintenance requirements factors that influence nutrient status needs of specific groups nutrient reserves and absorption supplementation and environmental factors Comments or conclusions for each section provide a synthesis of current knowledge and identify the needs for further research      *Nutrition Reviews* Fredrick John Stare,1952  
Includes index      Simplified Infant Feeding Roger Herbert Dennett,1920      *Nutritional Requirements Under Arctic Conditions* Kåre Rodahl,1960

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