



Mat Som

**Nordic Council of Ministers**



## Mat Som:

### **Monitoring Food Waste and Loss in the Nordic region: Definitions, methods and measures for prevention**

Hanssen, Ole Jørgen, Östergren, Karin, Hartikainen, Hanna, Andersson, Tova, 2021-03-26 Available online <https://pub.norden.org/temanord2021/504> The background for the project is that EU Commission has introduced new regulations and policies for food waste prevention and monitoring Sweden and Denmark link their reporting closely to the waste framework directive while Finland and Norway base their most data collection on voluntary reporting Norway and Finland report on a detailed level and estimate impact like costs and GHG emissions All Nordic countries have necessary detail in data that are measured to fulfil the requirements set by the purpose of food waste monitoring program Halving food waste by 2030 calls for radical changes in the food chain These radical changes require four dimensions technology push societal pull market pull and regulatory push Based on these four dimensions we have classified measures to reduce food waste into four topics Policy instruments changing social norms nudging and changing practices and intelligent technology and new products business models

**Kartläggning av matsvinnet i primärproduktionen** Ulrika Franke, 2013-11-06 Mat slängs i alla delar av livsmedelskedjan Det finns statistik på hur mycket som kastas i flera led av kedjan men för primärproduktionen alltså jordbrukarnas verksamhet saknas tillförlitliga siffror på hur stort svinnet är I ett projekt med representanter från Danmark Finland Norge och Sverige har vi författat kartläggning av svinnet i fem vanliga produktgrupper Mjöl, griskött, morötter, lök och potatis Resultaten visar att en stor mängd mat går förlorad redan i primärproduktionen Svinnet av mjöl och griskött har störst konsekvenser för producenternas ekonomi mängden tillgänglig odlingsmark och klimatet även om svinnet i produktionen procentuellt sett är högre för morötter, lök och potatis Konsumenternas krav kan ge upphov till svinn även i primärproduktionen särskilt för frukt och grönsaker The American Illustrated Medical Dictionary William Alexander Newman Dorland, 1925

*The Way* S. Glover 4, 2012-08-31 The Gospel of John The Three Epistles of John and how can we know the way Jesus saith unto him I am the way the truth and the life no man cometh unto the father but by me John 14:5-6 The American Illustrated Medical Dictionary, 1923 Glycemic Index from Research to Nutrition Recommendations Nordic Council of Ministers, 2005 Epidemiological and intervention studies have increased both public and expert awareness of the possible importance of blood sugar regulation and the varying glycemic index of foods in the etiology and treatment of chronic diseases Generally a low glycemic index diet is considered beneficial due to less incremental increase in blood levels of glucose than with a high glycemic index diet Nordic dietary habits include a large number of carbohydrate rich food items many of which are likely to fall into the category of high glycemic index Evaluation of the evidence and the practical implications of these studies on nutrition recommendations have to be clarified The report sheds a light to the strengths and weaknesses of the glycemic index **Time After Time** Sederhanaindah, 2020-01-01 Buku ini berkenaan dengan motivasi psikologi self help tentang hati dan perasaan bagaimana hendak move on berubah menjadi lebih baik Disampaikan dalam

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