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# Sports Training 2026 Guide

**Guillaume Favre**

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Winter, R.C. Richard Davison, Paul D. Bromley, Tom Mercer, 2016-09-17 Sport and exercise physiologists are called upon to carry out physiological assessments that have proven validity and reliability both in sport specific and health related contexts A wide variety of test protocols have been developed and refined This book is a comprehensive guide to these protocols and to the key issues relating to physiological testing Volume I will cover sport specific testing and Volume II clinical and exercise testing With contributions from many leading specialist physiologists and covering a wide range of mainstream sports special populations and ethical practical and methodological issues these volumes represent an essential resource for sport specific and clinical exercise testing in both research and applied settings Visit the companion website at [www.routledgesport.com](http://www.routledgesport.com) bases

**The Routledge Handbook of Mega-Sporting Events and Human Rights** William Rook, Daniela Heerdt, 2023-10-04

The Routledge Handbook of Mega Sporting Events and Human Rights is the first book to explore in depth the topic of mega sporting events MSEs and human rights offering accounts of adverse human rights impacts linked to MSEs while considering the potential for promoting human rights in and through the framework of these events Drawing on the contributions of an international group of leading researchers practitioners and advocates the book introduces key concepts in human rights and considers how they relate to ethical social managerial and governance issues in contemporary MSEs from inclusion and welfare to corruption and sustainability It examines the role of key stakeholders in the delivery of MSEs including organising committees sport governing bodies governments athletes sponsors and broadcasters as well as the role of activists and advocates and presents historical and contemporary case studies of human rights as an active issue in MSEs The book provides new perspectives on human rights as a lens for understanding modern sport and as a guiding principle for responsible sport that protects the interests of individuals and communities as well as offering guidance on best practice It is essential reading for all advanced students researchers practitioners policymakers and stakeholders with an interest in organisation and delivery of MSEs as well as general sport management sport policy sport governance the ethics of sport event management political science development studies ethical business or the significance of sport in wider society

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