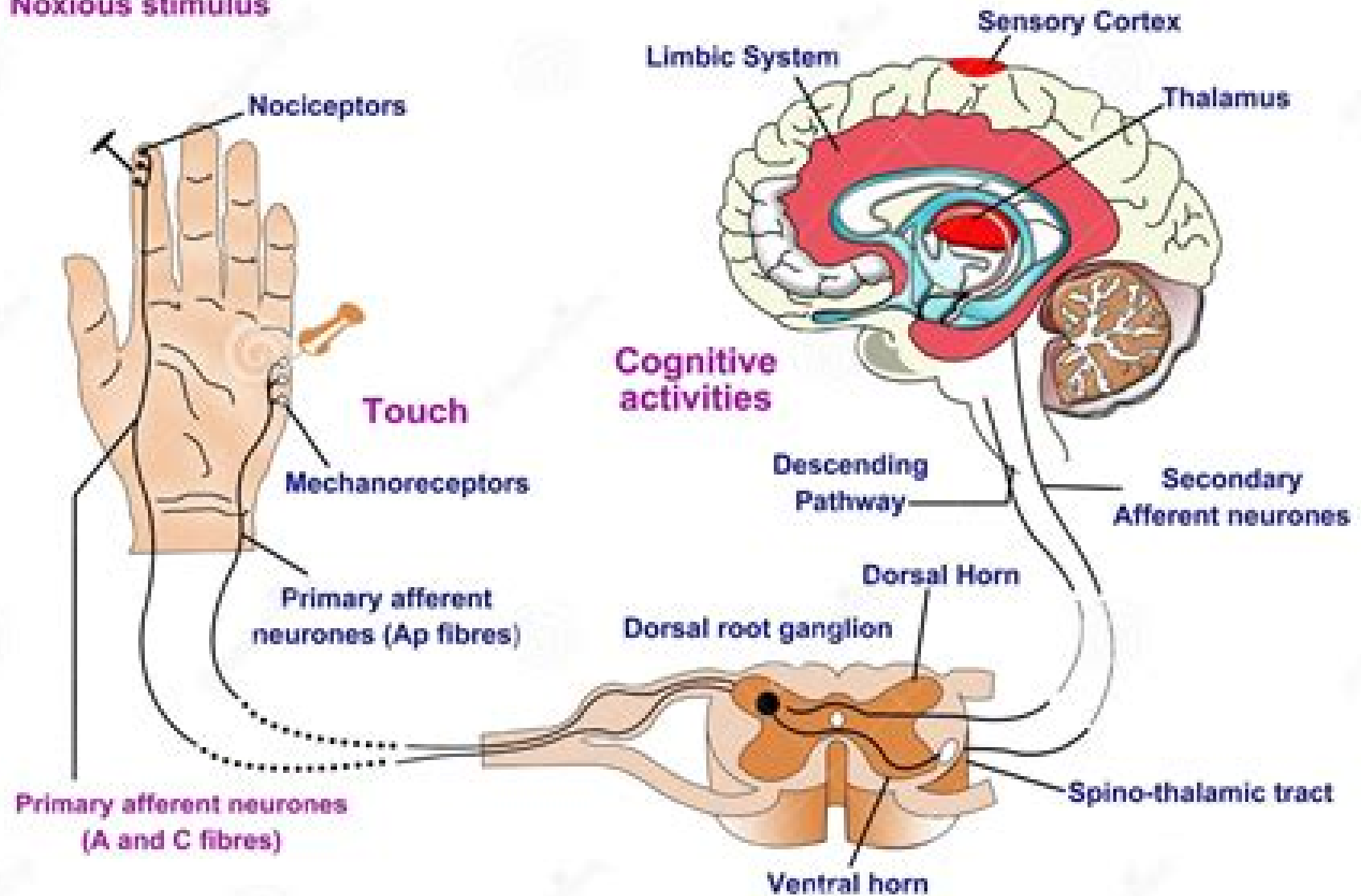


Noxious stimulus



Pain And Touch

Smithsonian Institution



Pain And Touch:

Pain, Touch, and Decision Making Lina Koppel, 2020-11-04 Stimulation of sensory nerves can give rise to powerful affective experiences. Noxious stimuli can give rise to pain, an unpleasant experience which in turn causes suffering and constitutes a major societal burden. Touch, on the other hand, can feel pleasant and plays an important role in social relationships and well-being. Slow, gentle stroking of the skin, in particular, has been shown to activate C-tactile (CT) afferents, which are thought to signal affective and socially relevant aspects of touch. However, little is known about how pain and affective touch influence everyday decision making. In Paper I, we investigated the effect of acute physical pain on risk taking and intertemporal choice. Participants (n = 109) performed a series of economic decision making tasks once while experiencing acute thermal pain and once in a no-pain control condition. Results indicated that pain increased risk taking for monetary gains but not for equivalent losses and increased impatience. In Paper II, we investigated the effect of affective touch on betrayal aversion, altruism, and risk taking. Participants (n = 120) performed a series of economic decision making tasks once while being stroked on the forearm at CT-optimal speed using a soft painter's brush and once in a no-touch control condition. Results indicated no effect of affective touch on any of the outcome measures. In Paper III, we investigated how the ability to affect an upcoming painful event via voluntary action influences cortical processing of ongoing somatosensory stimulation. fMRI data was collected from 30 participants while they performed a task that involved pressing a response button to reduce the duration of upcoming thermal stimuli. Whole-brain analyses revealed no significant task-related effects in brain regions typically involved in pain, except activation in a cluster in the anterior cingulate cortex (ACC) which was greater when upcoming stimulation was painful than when it was nonpainful. However, region of interest analyses in the anterior insula (AI) and midcingulate cortex (MCC) indicated that the noxious nature of the upcoming stimulation as well as the ability to affect it influenced processing of ongoing stimulation in both of these regions. Activation in MCC but not AI also correlated with response times. Taken together, these studies contribute to the broader understanding of everyday decision making and of how affective experiences such as pain and touch shape everyday decisions and behaviors.

Stimulering av nervfibrer i huden kan ge upphov till starka känsloupplevelser. Skadliga eller potentiellt skadliga stimuli kan ge upphov till smärta, en obehaglig upplevelse som i sin tur orsakar lidande och har stora socioekonomiska konsekvenser. Beröring andra sidan kan upplevas som behagligt och är en viktig del av sociala relationer. Förhållandevis lite kunskap finns dock om hur smärta och beröring påverkar vardagligt beslutsfattande. Blir vi otillrägga av att uppleva smärta? Tar vi fler risker? Gör vi mer tillitsfulla? I denna avhandling presenteras tre studier som försöker svara på denna typ av frågor. I den första studien fick deltagarna smärtsamt stimuli samtidigt som de fattade beslut om pengar. Besluten involverade till exempel att välja mellan en säker vinst på 50 kr eller att singla slant om att vinna 100 kr. Resultaten visade att smärta ökade risktagandet för vinster men inte för motsvarande förluster. Deltagare som upplevde smärta var även mer otillrägga, dvs de föredrog i större utsträckning snabba bel

ningar I den andra studien fick deltagarna ber ring med en mjuk pensel samtidigt som de fattade beslut L tt smekande ber ring aktiverar en s rskild typ av nervfibrer som tros signalera affektiva och socialt relevanta aspekter av ber ring Ber ring kar ven uts ndringen av hormonet oxytocin som s gs ka k nslan av tillit till andra m nniskor ven om de vetenskapliga bevisen f r detta r motstridiga Resultaten av studien visade ingen effekt av ber ring p beslutsfattande I den tredje studien unders ktes hj rnans aktivitet vid sm rtsam stimulering Vi vet sedan tidigare att hj rnan inte bara reagerar p det som h nder just nu utan att den ven f rbereder inf r vad som kan komma att h nda i framtiden Deltagarna fick sm rtsam eller icke sm rtsam v rmestimulering samtidigt som de utf rde en uppgift som innebar att de skulle trycka p en knapp f r att f rkorta en kommande v rmestimulering Resultaten visade att hj rnans bearbetning av p g ende stimulering p verkades av huruvida n stkommande stimulering var sm rtsam eller inte och huruvida den gick att p verka Sammantaget bidrar dessa studier till en kad f rst else av hur m nniskor fattar beslut och hur upplevelser som sm rta och ber ring p verkar vardagligt beslutfattande och beteende Sm rta har en stark koppling till beteende eftersom vi snabbt m ste kunna agera f r att undvika skada Ber ring d remot upplevs p olika s tt beroende p den sociala kontexten vilket troligtvis ocks p verkar ber ringens effekt p beteende *Pain and Touch* Lawrence Kruger,1996-09-30 An explosion of advances in the area of tactile perception and pain led to the development of this comprehensive state of the art text on basic research and clinical practice Equal parts psychology and neuroscience Pain and Touch covers peripheral cutaneous tactile information processing sensory mapping tactile exploratory behavior neurophysiology of nociception and nociceptors in pain research clinical scaling methods for psychophysics of pain and paincontrol pathology and therapeutics **Medical Record** George Frederick Shrady,Thomas Lathrop Stedman,1897 **Surgery, Gynecology & Obstetrics** Franklin Henry Martin,1905 **Touch** Laurence Pringle,2000 Describes the sense of touch how it works and why it is important discussing such related phenomena as goose bumps and phantom limbs and examining this sense in a variety of animals Journal of Nervous and Mental Disease ,1916 July 1918 1943 include reports of various neurological and psychiatric societies **The Concordance Repertory of the More Characteristic Symptoms of the Materia Medica** William Daniel Gentry,1890 **A Compendium of Materia Medica, Therapeutics and Repertory of the Digestive System** Arkell Roger McMichael,1892 **New York Supreme Court** , Court of Appeals: State of New York: 9029 , *Records & Briefs New York State Appellate Division* , **Records & Briefs** , **The Encyclopaedia Britannica** ,1911 *A Dictionary of Practical Materia Medica* John Henry Clarke,1902 **The New Volumes of the Encyclopaedia Britannica** ,1902 Elements of Analytical Psychology Henry Stephen (of Calcutta.),1922 **The Medical times and gazette** ,1875 *Lessons in Hygienic Physiology* Walter Moore Coleman,1905 **Annual Report of the Board of Regents of the Smithsonian Institution** Smithsonian Institution,1872 Brain & Behavior Rod Plotnik,Sandra Mollenauer,1978

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