

# Travel Tips

Whether you are travelling alone or in a group, we have put together the best tips to help you on your travels!



## Pack Well

- Check the expiry date on your passport
- Make a list of everything you need
- Take the right plug adapter along with an extension lead
- Look up how cabin crew pack and fold their clothes



## Save Money

- Set a realistic budget
- Best time to book flights that will save money is on average 5 weeks in advance
- However book well in advance if booking at a peak season
- Best time to travel around the world is mid April-June

## Be Respectful & Kind

- Avoid offence by learning key phrases
- Follow the lead of the locals e.g removing shoes, covering up
- Be aware of hand gestures as some might be offensive
- Spend your money so it gives back to the community



## Keep Safe

Before you travel see if there is any recommended injections.

- Take a first aid kit, be prepared for common ailments
- Give yourself time to adjust to the local food
- Avoid food places that the locals don't seem to be eating in



## Avoid Disappointment

- Check the weather and microclimates of your destination
- Get clued up on local scams, so you don't fall into a trap
- Get good travel insurance
- Don't walk around with cameras, phones, cards on show, take a bag with interior pockets for valuables



## Enjoy your time

- Don't let the weather disappoint, theres plenty to do if the rain appears, look up local activities
- Disconnect and allow yourself time to experience your trip
- Try the local food
- Don't put pressure on yourself to do every single thing, Just relax and enjoy yourself!



# Tips Travel Guide

**Nikki Page**

## **Tips Travel Guide:**

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