

MANIC- DEPRESSIVE ILLNESS

Frederick K. Goodwin
Mary Redfield Jamison

MANIC-DEPRESSIVE ILLNESS

Oxford

Manic Depressive Illness

Francis Mark Mondimore



Manic Depressive Illness:

Manic-Depressive Illness Frederick K. Goodwin, Kay Redfield Jamison, 2007-03-22 This long awaited second edition of Manic Depressive Illness will exhaustively review the biological and genetic literature that has dominated the field in recent years and incorporate cutting edge research conducted since publication of the first edition Drs Frederick Goodwin and Kay Redfield Jamison have updated their surveys of psychological and epidemiological evidence as well as that pertaining to diagnostic issues course and outcome and they offer practical guidelines for differential diagnosis and clinical management This book will be a valuable addition to the libraries of psychiatrists and other physicians psychologists clinical social workers neuroscientists pharmacologists and the patients and families who live with manic depressive illness Surviving Manic Depression Edwin Fuller Torrey, Michael B. Knable, 2002-01-03 A groundbreaking guide to manic depression which affects more than two million people in the U S alone is drawn from the most recent research furnishing in depth coverage on every aspect of the ailment from symptoms psychotherapy and rehabilitation to special problems arising out of this disorder such as violent behavior suicide sex AIDS and alcohol and drug abuse **Manic Depression** Lichtenstein Creative Media, 1992-10 The first major documentary to feature those with manic depressive illness telling their own stories in their own words It features nine people with the illness including a fortune 500 executive a nurse a therapist Patty Duke herself describing their efforts to stabilize the disorder s effect on their lives Also features leading mental health experts advocates Winner of eight broadcasting mental health awards Includes transcript educational material written in conjunction with the National Institute of Mental Health *Brilliant Madness* Patty Duke, 1997-02-04 In her revealing bestseller Call Me Anna Patty Duke shared her long kept secret the talented Oscar winning actress who won our hearts on The Patty Duke Show was suffering from a serious but treatable mental illness called manic depression For nearly twenty years until she was correctly diagnosed at age thirty five she careened between periods of extreme euphoria and debilitating depression prone to delusions and panic attacks temper tantrums spending sprees and suicide attempts Now in A Brilliant Madness Patty Duke joins with medical reporter Gloria Hochman to shed light on this powerful paradoxical and destructive illness From what it s like to live with manic depressive disorder to the latest findings on its most effective treatments this compassionate and eloquent book provides profound insight into the challenge of mental illness And though Patty s story which ends in a newfound happiness with her cherished family it offers hope for all those who suffer from mood disorders and for the family friends and physicians who love and care for them *Bipolar Disorder* Francis Mark Mondimore, 2014-02-21 The vital resource for people with bipolar disorder and their loved ones completely updated Compassionate and comprehensive Dr Francis Mondimore s pathbreaking guide has helped thousands of people and their loved ones cope with bipolar disorder Now in its third edition Bipolar Disorder has been thoroughly updated with new information about the causes of the disorder tools for diagnosis and advances in treatment Dr Mondimore surveys new medications for treating bipolar disorder including

asenapine iloperidone paliperidone lurasidone and oxcarbazepine exploring the benefits and potential side effects of each He also reviews the scientific studies that back up claims for recommended nutritional supplements such as omega 3s and NAC and tells you which ones to leave on the shelf Dr Mondimore discusses recent changes in the Diagnostic and Statistical Manual of Mental Disorders DSM 5 and reviews the exciting new findings of the largest multicenter evaluation of best treatment practices for bipolar disorder ever carried out the Systematic Treatment Enhancement Program for Bipolar Disorder STEP BD He describes how these findings gleaned from the treatment experiences of thousands of patients will improve treatment decisions With insight and sensitivity Dr Mondimore makes complex medical concepts easy to understand and describes what it is like for people to live with bipolar disorder He recommends changes to daily routines and lifestyle that will improve the quality of life for patients and offers expert advice on planning for emergencies and identifying when and how to seek help Throughout the book Dr Mondimore focuses on the importance of building a support system for everyone affected by this unpredictable illness

Everything You Need to Know About Bipolar Disorder and Manic Depressive Illness Michael A. Sommers,2003 **Bipolar Disorder** Judith Peacock,2000 Explains bipolar disorder

including its types diagnosis and treatment and offers strategies for dealing with this illness in oneself and others **The A-Z Guide to Good Mental Health** Jeremy Thomas,Tony Hughes,2013-04-04 Get real about depression with The A Z Guide to Good Mental Health by Jeremy Thomas and Tony Hughes Everything you have always wanted to know about mental health but were afraid to ask Stephen Fry Are you plagued with these questions HOW CAN I COPE WHEN LIFE THROWS ME OFF COURSE HOW CAN I SEEK HELP HOW CAN I SUPPORT A LOVED ONE Our mental health is at times robust at times incredibly vulnerable and always essential to our very being This informative and entertaining insider s guide is a rich and truthful exploration of mental health informative but at the same time full of humour candour and hope The unique combination of dialogue between the authors one a sufferer from manic depression also known as bipolar disorder the other his doctor alongside a comprehensive A Z section provides a fascinating insight into the subject and contains a wealth of information on prevention treatments and advice on how and where to get help Topics include the symptoms of illness denial relationships self esteem suicide creativity alcoholism and addiction handled with warmth and humanity throughout Ultimately Jeremy Thomas and Tony Hughes hope that The A Z Guide to Good Mental Health will simply help a few people in the same boat Jeremy Thomas is a novelist and has written screenplays for television and film He lives in West London and Greece with his wife and black Labrador Ecco www.jeremythomas.co.uk Dr Tony Hughes is a General Practitioner After postgraduate hospital work he went to Australia and held a post as senior house officer in psychiatry He also lives in West London www.drtonyhughes.co.uk [100 Questions & Answers About Bipolar \(Manic-Depressive\) Disorder](#) Ava

Albrecht,Charles Herrick,2005-12-31 Presents doctor s and patient s views of bipolar disorder **Manic-Depressive Illness - Basics to Mastery** DEAN STRATTON, This practical research grounded guide explains bipolar disorder in clear

language from first symptoms and differential diagnosis to evidence based care and day to day stability You ll learn how mood episodes arise and cycle how sleep circadian rhythms and stress interact with biology and how clinicians structure collaborative plans that combine medication psychotherapy and lifestyle tools Realistic case vignettes show common pitfalls a college student skipping sleep after a streak of wins a new parent sliding into a winter low after disrupted nights and how families peers and workplaces can support recovery with compassion and clear boundaries Episode map Bipolar I II cyclothymia mania vs hypomania mixed features rapid cycling common comorbidities Treatment toolkit mood stabilizers atypical antipsychotics antidepressants used cautiously alongside a mood stabilizer CBT IPSRT family focused therapy psychoeducation Relapse prevention plan sleep wake regularity personalized early warning signs trigger tracking stepwise action plans safety crisis templates Skills you can practice thought records emotion regulation problem solving values based routines behavioral activation during lows Lived world supports study work accommodations relationship agreements stigma navigation digital mood tracking used ethically Ready to use resources worksheets checklists sample scripts case vignettes medication symptom logs reflection prompts

Bipolar Disorder ,1994 *Bipolar Puzzle Solution* Bryan L. Court,Gerald E. Nelson,2013-08-21 In the U S approximately one percent of the population 2 6 million have a bipolar disorder also called manic depressive illness characterized by mood cycles of depression and mania excessive elation activity talkativeness etc Because bipolar illness has genetic tendencies it affects those from all walks of life but the majority of persons with the illness don t seek help Most have been misunderstood rejected shunned and disliked because of the disorder and they struggle against preconceived ideas and prejudices but all seek answers health freedom hope and love For someone with bipolar disorder education and knowledge about the illness are necessary for successful treatment Until now few road maps have been available In this book the pieces that compose the bipolar puzzle come together in a unique question and answer format Written by a bipolar sufferer co author Bryan L Court typical questions heard in bipolar support groups are provided and each is followed by an in depth answer Each topical section also includes an extensive Psychiatrist s Response by co author Gerald E Nelson M D who has been working with bipolar disordered individuals for over 20 years Covering the whole person physical emotional and spiritual components of recovery this book is essential for individuals suffering from bipolar disorder as well as their loved ones and helping professionals Answering questions about bipolar illness and how to live with it this book addresses 187 recovery related questions over the broad range of interest to the patient family and friend and utilizes the same question and answer format heard in bipolar support groups Subjects cover a wide spectrum including understanding the illness treatment methods medications attitudes acceptance faith living problems relationships with friends family and psychiatrists support groups disability hospitalization and employment difficulties The answers were obtained from a psychiatrist a labor law attorney and a hospital worker A psychiatrist Nelson reviewed the answers to the questions and provided a response to each section of the book

An Unquiet Mind Kay Redfield Jamison,2009-01-21

NATIONAL BESTSELLER A deeply powerful memoir about bipolar illness that has both transformed and saved lives with a new preface by the author Dr Jamison is one of the foremost authorities on manic depressive bipolar illness she has also experienced it firsthand For even while she was pursuing her career in academic medicine Jamison found herself succumbing to the same exhilarating highs and catastrophic depressions that afflicted many of her patients as her disorder launched her into ruinous spending sprees episodes of violence and an attempted suicide Here Jamison examines bipolar illness from the dual perspectives of the healer and the healed revealing both its terrors and the cruel allure that at times prompted her to resist taking medication

Managing Manic Depressive Disorders Ved P. Varma,1997 The reasons for the onset of manic depression are considered in order to further understand and assist treatment by increasing knowledge of how manic depressives actually feel Particular difficulties in treatment are addressed such as unresponsiveness and the problem of the manic high from which the patient may not want to recover

Bipolar Disorders A. Marneros,Jules Angst,2007-05-08 List of contributors Preface Bipolar disorders roots and evolution A Marneros J Angst The soft bipolar spectrum footnotes to Kraepelin on the interface of hypomania temperament and depression H S Akiskal O Pinto The mixed bipolar disorders S L McElroy et al Rapid cycling bipolar disorder J R Calabrese et al Bipolar schizoaffective disorders A Marneros et al Bipolar disorders during pregnancy post partum and in menopause A Rohde A Marneros Adolescent onset bipolar illness S P Kutcher Bipolar disorder in old age K I Shulman N Herrmann Temperament

A Mood Apart Peter C. Whybrow,2015-05-12 When first published in 1997 this groundbreaking work on the science of mood both redefined the field and with compassion understanding and scientific rigor made it accessible to those who would most benefit from the latest findings Now Peter Whybrow one of the world s most distinguished psychiatrists has updated his definitive account of mood disorders In *A Mood Apart* he argues that disorders such as depression constitute afflictions of the self exploring the human experience of manic depressive illness and rediscovering the human being behind the diagnosis Drawing on cutting edge research and his experience as a clinician he shows how the science and culture surrounding mood disorders have changed since the first edition Nearly two decades since its original publication *A Mood Apart* remains an essential book for anyone who has been affected by depression

The Switch Process in Manic-depressive Illness National Institute of Mental Health (U.S.),William E. Bunney,William Krasner,Vivian R. Isenstein,1978 Dr William E Bunney Jr of the National Institute of Mental Health s Intramural Research Program has been investigating the biological causes of depression He focused on a phenomenon called the switch mechanism Noting that there is often a sudden drastic mercurial change from depressive episodes to manic phases he studied these patients and theorized that elevated or reduced levels of the neurotransmitters norepinephrine and dopamine may be responsible for the sudden shift from the depressed immobile state to the active psychotic manic state and vice versa The research described in this monograph has great significance for the control of disturbed behavior through medication and for understanding the trigger mechanism in the brain affected by environmental

stresses It is another step toward gathering the knowledge needed to alleviate the suffering of depressed persons

Manic-depressive Illness Edward Alan Wolpert, 1977 Bipolar Disorder Sagar V. Parikh, Centre for Addiction and Mental Health, Camh Bipolar Clinic Staff, 2013-03-15 People who have extreme mood swings may have bipolar disorder or manic depressive illness Their moods may have nothing to do with things going on in their lives The symptoms of bipolar disorder affect not only mood but also how people think behave and function This guide discusses what bipolar disorder is the symptoms patterns and causes the treatment options what to expect during recovery from an episode of mania or depression how partners and family members can be supportive and helpful This guide will help people with bipolar disorder along with their families and friends to navigate through the highs and lows toward recovery Depression, Manic-depressive Illness, and Biological Rhythms Eunice Luccock Corfman, 1979 We have known for some time of the pervasive presence of rhythmic variation in most of the processes of the body and especially of those rhythms called circadian that is showing a periodicity of about 24 hours We have known less about the function and influence of these rhythms Now accumulating lines of evidence from several sources suggest that circadian rhythms may be associated with the affective mental disorders depression unipolar and manic depressive illness bipolar The hypothesis is proposed that these psychoses may be linked to biological rhythms which are out of phase with each other or to failures in their synchronization with the external day night cycle That episodes of these illnesses are recurrent had been noticed anecdotally for many years but not persuasively documented until recently in studies such as those described here The hypothesis is consistent with the finding of a high proportion of recurring episodes in patients with affective illnesses Many of the findings reviewed here are from clinical data If replicative and new investigations continue to support the conclusions suggested by these current findings the implications for diagnosis prevention and treatment of these disorders are considerable This Science Report bringing together these diverse sources of data helps us weigh and assess their significance Such a Report also accomplishes the task of what is now sometimes called technology transfer a conscientious effort to ensure that the findings of research funded by public money are promptly disseminated to health professionals who may put those findings to use and also to the interested general public in accessible form

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Manic Depressive Illness Introduction

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