Symptoms of Obsessive Compulsive Disorder

1. Counting, tapping, or repeating specific words silently
2. Fears of contamination, germs, or illness
3. Concerns with symmetry, orderliness, or exactness
4. Intrusive sexual or taboo thoughts
5. Excessive hand washing, cleaning, or grooming
6. Arranging items or objects in a precise manner
7. Seeking reassurance from others

Obsessive Compulsive Disorders

Eric A. Storch, Adam B. Lewin

Obsessive Compulsive Disorders:

   Obsessive-Compulsive Disorder Sandra Giddens,2008-08-15 Most people think the disorder amounts to little more than a few cute quirks such as being a neat freak or a hand washing germophobe Yet obsessive compulsive disorder can be an incredibly debilitating and isolating condition characterized by persistent and irrational anxious thoughts and the creation of rigid rules and routines that seek to stave off these thoughts or otherwise prevent some dimly imagined pending catastrophe The thoughts and routines can take over someone s life to such an extent that he or she may not be able or willing to leave the house attend school hold down a job or cultivate and maintain friends This book seeks to promote understanding and offer a way out of the frightening isolation for those afflicted   **Concepts and Controversies in Obsessive-Compulsive Disorder** Jonathan S. Abramowitz,Arthur C. Houts,2006-11-22 Few syndromes in psychopathology generate as much popular curiosity and clinical exploration as does obsessive compulsive disorder OCD Since the 1970s research on OCD has increased exponentially Speci c advances include an improved grasp of the heterogeneity of the disorder identi cation of putative subtyping schemes and the development of increasingly sophisticated theoretical models of the etiology and maintenance Perhaps most importantly research has led to advances in treatment andwhereasthe rstlinetherapies cognitive behaviortherapyandserotonergicm ication are not entirely effective for every sufferer they have transformed OCD from an unmanageable lifetime af iction into a treatable problem that need not reduce quality of life Despite the aforementioned advances there have emerged a number of sharp disagreements concerning OCD Differences have surfaced over phenomenological issues etiological models and approaches to treatment and often occur but not exclusively along disciplinary lines between biologically oriented and cogniti behaviorally oriented authorities For example medical approaches posit that abn mal biological processes cause OCD whereas psychosocial formulations emphasize the role of learning and dysfunctional cognitions Yet because theoretical conjecture andempirical ndingsfromwithineachtraditionaretypicallyaddressedtowardd tinct and narrow audiences clinicians researchers and students with broad interests are hindered from gaining a clear grasp of the diverse and sometimes polarized perspectives

   Obsessive-compulsive Disorder ,1996   *Obsessive-Compulsive Disorder* Mario Maj,Norman Sartorius,Ahmed Okasha,Joseph Zohar,2003-07-07 Obsessive compulsive disorder is probably the psychiatric disorder for which most significant progress has been made on the last 20 years concerning pharmacologic and psychotherapeutic interventions A number of studies have shown that OCD is much more prevalent than previously thought occurring in an estimated 2% of the adult population around the world A serious discrepancy still exists between research evidence and clinical practice and an update of this evidence and an international debate on it as provided by this volume is long overdue This revised edition provides vital information on a considerably underdiagnosed condition Provides accompanying commentaries by an outstanding line up of contributors Covers developments in diagnosis therapy prognosis economic evaluation and quality

improvement Provides an unbiased and reliable reference point   <u>Obsessive-Compulsive Disorder</u> Bruce M. Hyman, PhD,Cherry Pedrick, RN,2011-01-01 Early intervention helps kids who need treatment clarifies a headline in USA TODAY the Nation s No 1 Newspaper in an article about obsessive compulsive disorder OCD This neurobehavioral disorder affects millions of people who display ritual behaviors that they can t stop doing such as washing their hands repeatedly pulling their hair or worrying obsessively about small things Many people with OCD realize their behavior doesn t make sense but they or their families may not know how or who to ask for help In this book you ll read case studies of people with OCD and learn about how they received help to manage their disorder through medications and cognitive behavioral therapy You ll also find basic information about symptoms diagnosis treatment and support to help you understand how you your friends and your family can manage this disorder   **Clinical Handbook of Obsessive-Compulsive Disorder and Related Problems** Jonathan S. Abramowitz,Dean McKay,Steven Taylor,2008 Obsessive compulsive disorder OCD is a complex set of thoughts and behaviors that can vary greatly from person to person and can be related to and complicated by a wide range of other disorders Clinicians are confronted with the challenge of accurately classifying its many variants and developing effective systematic treatments for them Some believe that OCD and related problems should be treated as subtypes of one condition others argue that OCD is composed of a spectrum of many similar conditions that should be treated individually In this handbook Jonathan S Abramowitz Dean McKay and Steven Taylor present an approach to diagnosis and treatment that considers subtype and spectrum concepts They examine specific presentations of OCD the symptoms that are often seen in practice as well as the many disorders that may fall within the OCD spectrum For each symptom and putative spectrum condition they discuss empirical support theories of etiology and treatment issues The volume covers cognitive behavioral and biological factors as well as the latest approaches to psychological and pharmacologic therapy including complicating factors in treatment In concluding chapters the authors critically address the current literature on proposed subtype and spectrum disorders consider the clinical implications of the literature and map out a comprehensive integrated approach for understanding OCD and related conditions The only work on OCD that covers treatment options for specific symptoms and the full spectrum of related disorders this handbook is a must have for clinicians who are dedicated to improving the lives of patients with these challenging mental conditions   **Obsessive-Compulsive Disorder For Dummies** Charles H. Elliott,Laura L. Smith,2008-11-24 Arguably one of the most complex emotional disorders Obsessive Compulsive Disorder is surprisingly common Furthermore most people at some time in their lives exhibit a smattering of OCD like symptoms Obsessive Compulsive Disorder For Dummies sorts out the otherwise curious and confusing world of obsessive compulsive disorder Engaging and comprehensive it explains the causes of OCD and describes the rainbow of OCD symptoms The book shows readers whether OCD symptoms represent normal and trivial concerns for example a neat freak or something that should be checked out by a mental health professional for example needing to wash hands so often that they become raw and

red In easy to understand steps the authors lay out the latest treatments that have been proven to work for this disorder and provide practical and real tools for living well long term Whether you or someone you care about has this disorder Obsessive Compulsive Disorder For Dummies gives you an empathic understanding of this fascinating yet treatable mental disorder

The Wiley Handbook of Obsessive Compulsive Disorders Jonathan S. Abramowitz,Dean McKay,Eric A. Storch,2017-06-12 The Wiley Handbook of Obsessive Compulsive Disorders 2 volume set provides a comprehensive reference on the phenomenology epidemiology assessment and treatment of OCD and OCD related conditions throughout the lifespan and across cultures Provides the most complete and up to date information on the highly diverse spectrum of OCD related issues experienced by individuals through the lifespan and cross culturally Covers OCD related conditions including Tourette s syndrome excoriation disorder trichotillomania hoarding disorder body dysmorphic disorder and many others OCD and related conditions present formidable challenges for both research and practice with few studies having moved beyond the most typical contexts and presentations Includes important material on OCD and related conditions in young people and older adults and across a range of cultures with diverse social and religious norms   Obsessive Compulsive Disorder Leslie J. Shapiro,2020-07-23 A comprehensive introduction to one of the most common psychiatric disorders a condition that results in intrusive irrational thoughts and or repetitive illogical physical or mental actions   **Obsessive-compulsive Disorder** Christopher Pittenger,2017-09-12 Obsessive compulsive disorder affects approximately one person in 40 and causes great suffering Effective treatments are available that can help many and our understanding of the psychology neurobiology and clinical treatment of the disorder has advanced dramatically over the past 25 years Nevertheless much remains to be learned and a substantial minority of patients benefit little even from the best treatments we have to offer today This volume provides the first comprehensive summary of the state of the field summarizing topics ranging from genetics and neurobiology through cognitive psychology clinical treatment related conditions societal implications and personal experiences of patients and clinicians This book is unique in its comprehensive coverage that extends far beyond the realm of cognitive behavioral therapy As such it will serve as a valuable introduction to those new to the field a fascinating resource for OCD suffers and their families and an essential reference for students clinicians and researchers   *Understanding and Treating Obsessive-Compulsive Disorder* Jonathan S. Abramowitz,2006-04-21 Among the most prevalent and personally devastating psychological disorders the development of a cognitive approach to obsessive compulsive disorder OCD has transformed our understanding and treatment of it In this highly practical and accessible book Jonathan Abramowitz presents a model of OCD grounded in the most up to date research that incorporates both cognitive and behavioral processes He then offers a step by step guide to psychological treatment that integrates psychoeducation cognitive techniques and behavioral therapy exposure and response prevention Unlike other manuals for the treatment of OCD this book teaches the reader how to tailor the choice of techniques and delivery modes for individuals presenting with a wide range of specific OCD symptoms such as

contamination fears and cleaning rituals fears of harm and compulsive checking symmetry and ordering and severe obsessions with mental rituals The techniques are illustrated with numerous case examples clinical forms and handouts are provided for use with patients A final chapter suggests strategies for overcoming common obstacles in treatment

Obsessive-Compulsive Disorder Richard P. Swinson,Martin M. Antony,S. Rachman,Margaret A. Richter,2001-10-31 Drawing upon extensive interviews and assessments of school age childr en who have lost a parent to death this book offers a richly textured portrait of the mourning process in children The volume presents maj or findings from the Harvard Child Bereavement Study and places them i n the context of previous research shedding new light on both the wid e range of normal variation in childrens experiences of grief and the factors that put bereaved children at risk The book also compares pa rentally bereaved children with those who have suffered loss of a sibl ing to death or of a parent through divorce exploring similarities a nd differences in these experiences of loss A concluding section expl ores the clinical implications of the findings and includes a review o f intervention models and activities as well as a screening instrumen t designed to help identify high risk bereaved children *Beyond Reasonable Doubt* Kieron O'Connor,Frederick Aardema,Marie-Claude Pélissier,2005-06-24 Traditionally obsessive compulsive disorder has been classified as an anxiety disorder but there is increasing evidence that it has schizotypal features in other words it is a belief disorder This book describes the ways in which reasoning can be applied to OCD for effective treatment regimes It moves comprehensively through theoretical experimental clinical and treatment aspects of reasoning research and contains a detailed treatment manual of great value to practitioners including assessment and treatment protocols and case studies **Obsessive-compulsive Disorder in Children and Adolescents** Judith L. Rapoport,1989 This book examines the early development of obsessive compulsive disorder which now affects over one million children and adolescents and describes two effective treatments behavior modification and drug treatment with clomipramine Based on research from the National Institute of Mental Health this book s theoretical sections probe the frontiers of today s scientific understanding of this disorder and present information applicable to all age groups Firsthand accounts from patients provide a depth of detail and clinical richness that will be greatly appreciated by all clinicians treating children and adolescents who have this disorder **Obsessive-Compulsive Disorder: Subtypes and Spectrum Conditions** Jonathan S Abramowitz,Dean McKay,Steven Taylor,2011-04-28 Researchers and clinicians working with Obsessive Compulsive Disorders OCD and related disorders who need the most current information available will find this volume of great use Obsessive Compulsive Disorder Subtypes and Spectrum Conditions covers contemporary theory research and treatment of the various subtypes of OCD and problems often referred to as OCD spectrum disorders As the mental health field considers the next iteration of the DSM an entire research agenda is being planned to elucidate issues such as how best to understand and classify OCD The questions of subtypes and spectrum disorders are at the heart of this issue and will guide how OCD is conceptualized in DSM V This volume dedicated to such

diagnostic theoretical and treatment issues helps informs the field of the most up to date knowledge and what remains to be resolved Deconstructs OCD into its subtypes Reviews current research and treatment for these problems Considers how OCD will be conceptualized in DSM V Represents an international scope with contributions from field experts in psychology psychiatry and social work Includes critical discussion of the OCD subtype and OCD spectrum concepts **Childhood Obsessive Compulsive Disorder** Greta Francis,Rod A. Gragg,1996-09-03 A complex puzzling disorder obsessive compulsive disorder OCD is characterized by a child s or teenager s obsessions with contamination object hoarding and exact orderliness and compulsions involving rituals of washing cleaning checking and rechecking or counting Childhood Obsessive Compulsive Disorder draws on the most up to date research available to provide a comprehensive overview of this problem from diagnosis through treatment Authors Greta Francis and Rod A Gragg first describe childhood and adolescent OCD in its various forms and discuss the etiology and epidemiology of OCD They also explore assessment methods and their usefulness in research and practice and both pharmacological and psychosocial treatments In addition intriguing case examples of this enigmatic disorder measurement scales for it and a manual for cognitive behavioral treatment make this book a vital guide for clinicians Consolidated into one integral volume the information on diagnosing and treating children with OCD presented here will be invaluable to students professionals and researchers in clinical counseling psychology developmental psychology nursing behavioral psychology and social work **Obsessive-Compulsive Disorder** Vladimir Kalinin,2014-04-03 Although Obsessive Compulsive Disorder OCD has been known since the ancient times the exact etiology and pathogenesis of OCD unfortunately still remain unknown In addition the therapeutic approaches elaborated for the treatment of OCD as a whole are not perfect and this disorder as a rule is characterized by unfavorable course and lack of full therapeutic response In the current book some modern data on pathogenesis phenomenology and treatment of OCD are presented Besides the data on co morbidity of OCD with other neurological and psychiatric disorders are also included This book is intended for broad circle of readers but mostly for psychiatrists psychologists and neurologists Current Treatments of Obsessive-Compulsive Disorder Michele Tortora Pato,Joseph Zohar,2008-11-01 During the 10 years since publication of the first edition of this comprehensive volume progress in neuroscience has had direct and immediate clinical implications in both the pharmacological and psychological arenas in the treatment of one of psychiatry s greatest challenges obsessive compulsive disorder OCD This second edition reflects this progress Chapters include the latest data on the use of all current OCD treatments in special populations such as the strictly religious the elderly children adolescents and those who are pregnant and all are illustrated with new and updated detailed case histories that highlight specific treatments and diagnostic issues This edition includes Three new pharmacotherapy chapters that discuss the use of sertraline paroxetine and citalopram and updates of the original edition s chapters on clomipramine fluoxetine and fluvoxamine An expanded chapter on children and adolescents that emphasizes the benefits of early detection and describes the latest findings in immunological research with

particular regard to pediatric autoimmune neurologic disorders associated with streptococcal infection PANDAS An expanded behavioral therapy chapter that encompasses not only detailed treatment plans for both individuals and groups including multifamily groups but also up to date empirical data to support their use The latest data on compounds for treating OCD twice the number of compounds are now available than when the first edition was published including details of the dramatic increase in our knowledge of pharmacokinetics receptor profiles interactions and comparative efficacy during the past decade The clinical implications of today s broadened definition of OCD which includes disorders such as body dysmorphic disorder trichotillomania pathological gambling and Tourette s syndrome and the complicated diagnostic and management issues with a call for innovative treatment approaches raised by the intimate relationship between OCD and schizophrenia 15% of patients with schizophrenia also have OCD A multidisciplinary approach to treatment resistant OCD which occurs in approximately 30% of all cases suggesting ways to combine our current knowledge and focus it on the treatment of a specific individual With their extensive clinical and research experience in treating OCD the distinguished contributors to this volume provide clinicians with the latest most reliable data so that they may better match treatment approaches with each patient s unique needs Of enduring practical value this updated how to manual will be welcomed by all clinicians treating patients with OCD as well as students and other interested clinicians as an effective tool in the ongoing challenge to understand and treat this frustrating disorder   Clinical Handbook of Obsessive-Compulsive and Related Disorders Eric A. Storch,Adam B. Lewin,2015-07-03 This handbook examines evidence based treatment of obsessive compulsive and related disorders for a broad clinical audience Focusing on both children and adults with these conditions it discusses various manifestations of OCD e g contamination perfectionism related conditions e g hoarding trichotillomania and Tourette syndrome and cases with complicating factors Chapters describe case specifics offer assessment guidelines and illustrate evidence based psychotherapy Case examples depict real life complexities of presentation notably in terms of comorbid conditions and hard to treat subpopulations Topical areas addressed in the Handbook include Phenomenology assessment and treatment of multiple types of OCD in adults and children Treating not just right experiences in children with OCD Treating obsessive compulsive disorder in very young children Treatment of OCD comorbid with other disorders like depression and Autism Spectrum Disorder Treatment of OCD when presenting with complicating factors like limited insight extreme family accommodation and poor motivation The Clinical Handbook of Obsessive Compulsive and Related Disorders is an essential resource for clinicians and professionals as well as researchers and graduate students in clinical psychology psychiatry social work counseling programs pediatrics public health and related disciplines   **Obsessive-compulsive Disorder Casebook** John H. Greist,James W. Jefferson,1995 Obsessive Compulsive Disorder Casebook Revised Edition presents 60 case histories of OCD Each case offers a discussion by the author and editors regarding their opinion on each diagnosis This book will be useful to psychiatric residents because it provides examples of the many kinds of obsessions they

will encounter in practice

Obsessive Compulsive Disorders Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Obsessive Compulsive Disorders**," written by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve in to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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