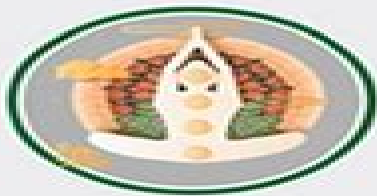


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# Natural Pharmacist Natural Treatments For Menopause

**Steven Bratman**



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**Preventing Osteoporosis with Ipriflavone** Andrea M. Girman,Carol Poole,Lyn Patrick,2000 One in five women over age 50 and one in 20 men has

osteoporosis This debilitating bone disease causes an estimated 1.5 million broken bones in the United States every year Currently there are several effective therapies that can help protect against osteoporosis but none is ideal Most come with potentially serious side effects and health risks Now there s a safe alternative that will help prevent bone loss Ipriflavone derived from healing isoflavones naturally found in soy has been scientifically proven to stop bone loss and perhaps even reverse it Preventing Osteoporosis with Ipriflavone gives readers all the information they need about this supplement including What Ipriflavone is and how it works The scientific evidence How it compares to the leading conventional and alternative osteoporosis therapies Potential side effects And more

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practitioners for their ever increasing roles in patient teaching health education health promotion and nursing education Designed to teach nurses about the development motivational and sociocultural differences that affect teaching and learning this text combines theoretical and pragmatic content in a balanced complete style The Third Edition of this best selling text has been updated and revised to include the latest research Nurse as Educator is used extensively in nursing education courses and programs as well as in both institutional and community based settings What's Your Menopause Type? Joseph Collins (N.D.),2000 Since all women experience menopause differently shouldn't there be more than one treatment For decades it was estrogen that was supposedly the ultimate cure all for the change Recently progesterone has been touted as the most effective menopause treatment Dr Joseph Collins reveals there is no magic hormone or combination of hormones that can be indiscriminately prescribed to all women In fact he has identified 12 different types of menopause each requiring a treatment that is as unique as the women experiencing it In What's Your Menopause Type you'll discover Dr Collins' revolutionary program designed to help you take charge of this life stage Using a revealing questionnaire he shows you how to determine your own menopause type and then prescribes the best nutritional herbal glandular or hormonal treatment for your unique symptoms He also provides everything you need to know to better understand this stage of life such as Which natural and conventional treatments are best for you and which to avoid How to weigh the risks and benefits of hormone replacement therapy A complete description of hormones and their effects on your body Advice on how to order hormone tests Suggestions for choosing a hormone educated doctor And much much more With the help of Dr Collins and this empowering book you can take charge of menopause and get on with your life At last a well referenced resource for pharmacists other health care professionals and women on the advantages of natural vs synthetic hormone replacement therapy An invaluable resource for those interested in customized natural hormone replacement therapy This book is the ammunition that many need to prove the value of natural hormone replacement Dana Reed Kane Pharm D F A C A F I A C P Provides much needed information that will allow millions of women to work with their doctors to effectively solve the problems associated with menopause Richard C Heitsch M D A valuable tool for anyone researching menopause James E Paoletti R Ph Finally a book that teaches the importance of balance and actually shows everyone what many women have suspected all along There is more than one type of menopause Luana Stone menopause patient **Natural Healing Remedies 1999** ,1999 A total up to date health guide with hundreds of practical tips Natural Healing Remedies 1999 makes sense of the most recent breakthroughs in cutting edge research Features weight loss herbal cures natural healing nutrition and disease prevention plus special tips for building immune power and easy practical ideas for pain relief *Alternative & Complementary Therapies* ,1999 **Library Journal** ,2000-04 Your Complete Guide to Herbs Steven Bratman,1999 Discover What Herbs Can Do for You Did you know that scientific evidence suggests that herbs may be effective treatments for several of today's most common ailments It's true Millions are discovering the powers of natural remedies With this book

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*Women's Health Nursing* Eileen T. Breslin,Vicki A. Lucas,Association of Women's Health, Obstetric, and Neonatal Nurses,2003 Offering an evidence based approach this new resource explores the health problems that women experience throughout the life span An effective certification review tool and a practical clinical reference it highlights foundational concepts essential to the care of women and it covers health history screening and diagnostic tests and physical examinations Providing information related to health maintenance nutrition exercise immunization and the environment it also examines health promotion and disease prevention highlighting key phenomena for women s health and illness experiences     **Ancient Herbs and Modern Herbs** James Kedzie Sayre,2001

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