
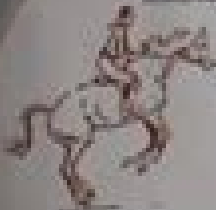




*"A method of
teaching which is based on
training the rider to make use of the
right side of the brain and which is producing
remarkable results."—HARVEY AND ROSIE*



THE NATURAL RIDER



*"Almost all riders struggle more than
is necessary. The excitement of
success need not be reserved
for the 'talented'!"*
—JOHN WOOD

MARY WANLESS

THE NATURAL RIDER



11

Natural Rider

Audrey Townley



Natural Rider:

The Natural Rider Mary Wanless, 1988 Using an innovative combination of visualization techniques and sports psychology Wanless shows how to achieve a new level of relaxed concentration and harmony so that horse and rider seem to move as one jacket Natural Riding Audrey Townley, 1990 Training methods games and exercises designed to improve horse riding performance **Teaching Tips for Horseback Riding Instructors** Jo Struby, 2013-11-01 Jo holds a M A in Education with an emphasis in Equestrian Studies 1986 and a B S in Equestrian Studies with a minor in Education 1986 graduating magna cum laude Both of her academic degrees are from Salem International University West Virginia She also holds a Riding Master Diploma 1975 from Meredith Manor School of Horsemanship where she was named to the Who s Who List for Outstanding Students in American Vocational and Technical Schools 1975 As an administrator Jo was formerly Dean of Meredith Manor School of Horsemanship 1980 1985 She has a strong professional background in teacher education program administration and curriculum development While teaching at this internationally known school for 10 years she focused on the development of the jumping and teaching departments As former Vice President for the United States Combined Training Association Jo served on the executive committee from 1987 1989 and the board of governors from 1984 1989 During her tenure she developed the AHSA USCTA Combined Training Officials seminars as well as carried out the educational seminars for the general membership including beginning the USCTA Event Colleges In 1988 she received the USCTA s Governor s Cup Award for outstanding contributions to the sport of Eventing As an educator Jo has provided equestrian education to riders and instructors nationally since 1975 From 1989 through 2002 she provided an on going education program for horseback riding instructors focusing on improving their teaching effectiveness She has also developed a working student program for Shenandoah Farm of Staunton Virginia on training and breeding and advised Wetherbee Farm of Boxboro Massachusetts on developing their Fitness by Riding Program As a rider competitor and athlete Jo has trained and competed through the Advanced Level in Eventing and the Prix St Georges Level in Dressage She earned her USDF Bronze and Silver Medal Rider Awards during the late 1970 s She has also been long listed during the 1980 s for The Eventing Olympic Team **The Natural Horse** Jaime Jackson, 1997 Describes how domestic horses can be made happier and healthier through an understanding of what nature intended for the horse Cover **Transactions of the Shropshire Archaeological and Natural History Society** ,1880 **Transactions of the Shropshire Archaeological and Natural History Society** Shropshire Archaeological and Natural History Society (Great Britain), 1890 **12 Myths and Misconceptions of Horsemanship** Barbara Burkhardt, 2023-03-22 In order to form a partnership with your horse you need to dedicate yourself to learning about the horse In this text I hope to add to your knowledge of the horse s physical and mental capabilities and his natural responses and physical boundaries What I intend to do is clear up some of the myths and misconceptions that persist in the world of horsemanship Oh sure people have been riding horses for thousands of years but

there are concepts that have sometimes slipped through the cracks of equestrian literature A basic premise is The more you knowledge you have the less frustration you will have Whether you are a weekend rider and want a horse that can take you safely down the trail or you re a highly competitive show or event rider or somewhere in between I want to help you have a better relationship with your horse Riding and Driving for Women Belle Beach,1912 **How Good Riders Get Good** Denny Emerson,2020-05-01 Now in a revised edition that includes new top good rider profiles this book is exactly what you need to become a better rider It s a smart honest on target kick in the pants guaranteed to rev your engines as you see how a few changes in your life a few smart choices and strategic moves can transform you from a run of the mill rider into a GOOD one How does Denny Emerson know what makes a good rider For one thing he IS one he is the only rider in the world to have won both a gold medal in international eventing and a Tevis Cup buckle in endurance Plus he s been around great riders and taught those on their way to becoming great for over 40 years How will what Denny knows help YOU become a good rider It s simple really He s boiled the whole thing down into seven broad Areas of Choice that collectively determine whether you are a gonna be or you re going to get it done or whether you ll be stuck in the wannabe category for decades You ll examine how your choice of riding sport may or may not be the best for who you are and where you live and how those frustrating hurdles known as life circumstances don t necessarily hold you back like you think they do Plus find out how to build a strong support team by winning people to your cause and choosing the right teachers and mentors Analyze your physical self your body how it is formed and how you care for it and your intellectual self your horse smarts and how you are adding to them or not and apply the results to your gonna be good equation Learn to take a good hard look at your partner your horse and think critically about his ability to help you attain your riding goals In addition discover the nine key character traits of successful riders and how you can learn to call each one of them your own Along the way you ll read the stories of 23 of the world s top riders from different disciplines and sports including dressage reining driving show jumping endurance hunter jumper and eventing and how they got good despite the same kinds of challenges and setbacks you face in your own day to day riding You ll get an inside look at their path to success as well as their very best tips for how to make it in the horse industry The Remount ,1922 **USDF Guide to Dressage** Jennifer O. Bryant,2012-12-10 Whatever your primary equestrian discipline dressage is an ideal way for you to increase your riding awareness and enhance your relationship with your horse Providing an overview of basic techniques and a series of helpful training exercises Jennifer O Bryant stresses the tenets of harmonious communication between horse and rider as she guides you through the graceful movements of dressage With suggestions on how to find qualified instructors and information on necessary equipment this comprehensive guide will inspire you to explore this exciting and rewarding world Hobbyhorse Bonnie Bryant,2013-02-27 Lisa s horrid bratty cousin is staying with the Atwoods The nine year old nightmare child acts charming around adults but to other kids she s a menace Now she s trying to get the Saddle Club into trouble and it s working No one believes that little

Amelia broke an expensive hobbyhorse the Atwoods own Or that she spooked old Patch into causing a stampede that almost got Pine Hollow s owner crushed Instead fingers are being pointed at the Saddle Club Can Lisa Stevie and Carole clear their good names **Natural Western Riding** Don Blazer,1979 The Range Men Leroy Victor Kelly,1913

Medico-pharmaceutical Critic and Guide William Josephus Robinson,1904 **Sunset** ,1916 **Harper's Weekly** John Bonner,George William Curtis,Henry Mills Alden,Samuel Stillman Conant,Montgomery Schuyler,John Foord,Richard Harding Davis,Carl Schurz,Henry Loomis Nelson,John Kendrick Bangs,George Brinton McClellan Harvey,Norman Hapgood,1883

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