



Nepal Travel Guide

Stephen Bezruchka

Nepal Travel Guide:

The Rough Guide to Nepal (Travel Guide with eBook) Rough Guides, 2023-07-01 This practical travel guide to Nepal features detailed factual travel tips and points of interest structured lists of all iconic must see sights as well as some off the beaten track treasures Our itinerary suggestions and expert author picks of things to see and do will make it a perfect companion both ahead of your trip and on the ground This Nepal guide book is packed full of details on how to get there and around pre departure information and top time saving tips including a visual list of things not to miss Our colour coded maps make Nepal easier to navigate while you're there This guide book to Nepal has been fully updated post COVID 19 The Rough Guide to Nepal covers Kathmandu and Patan The Kathmandu Valley The Central Hills Pokhara and around Chitwan and the Western Terai Janakpur and the Eastern Terai Annapurna and Everest regions Inside this Nepal travel guide you'll find RECOMMENDATIONS FOR EVERY TYPE OF TRAVELLER Experiences selected for every kind of trip to Nepal from off the beaten track adventures in Manaslu Circuit to family activities in child friendly places like Bardia National Park or chilled out breaks in popular tourist areas like Old Kathmandu PRACTICAL TRAVEL TIPS Essential pre departure information including Nepal entry requirements getting around health information travelling with children sports and outdoor activities food and drink festivals culture and etiquette shopping tips for travellers with disabilities and more TIME SAVING ITINERARIES Includes carefully planned routes covering the best of Nepal which give a taste of the richness and diversity of the destination and have been created for different time frames or types of trip DETAILED REGIONAL COVERAGE Clear structure within each sightseeing chapter of this Nepal travel guide includes regional highlights brief history detailed sights and places ordered geographically recommended restaurants hotels bars clubs and major shops or entertainment options INSIGHTS INTO GETTING AROUND LIKE A LOCAL Tips on how to beat the crowds save time and money and find the best local spots for whitewater rafting trekking cycling meditation and yoga retreats HIGHLIGHTS OF THINGS NOT TO MISS Rough Guides rundown of Kathmandu Pokhara Patan Manakamana's best sights and top experiences helps to make the most of each trip to Nepal even in a short time HONEST AND INDEPENDENT REVIEWS Written by Rough Guides expert authors with a trademark blend of humour honesty and expertise this Nepal guide book will help you find the best places matching different needs BACKGROUND INFORMATION Comprehensive Contexts chapter of this travel guide to Nepal features fascinating insights into Nepal with coverage of history religion ethnic groups environment wildlife and books plus a handy language section and glossary FABULOUS FULL COLOUR PHOTOGRAPHY Features inspirational colour photography including the stunning Janaki Mandir and the spectacular Boudhanath COLOUR CODED MAPPING Practical full colour maps with clearly numbered colour coded keys for quick orientation in Bandipur Nagarkot and many more locations in Nepal reduce the need to go online USER FRIENDLY LAYOUT With helpful icons and organised by neighbourhood to help you pick the best spots to spend your time [Insight Guides Nepal: Travel Guide with Free eBook](#) Insight Guides, 2025-01-07 This

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which celebrates holidays like Dashain and Tihar with colorful rituals dancing and song that give the environment a feeling of joy and togetherness In Bhaktapur s busy streets discover the Newari culture s living heritage and immerse yourself in the beautiful woodcarvings and Thangka paintings two forms of ageless art Discover Nepal s natural beauties from the tranquil lakes of Pokhara to the lush jungles of Chitwan National Park where unique animals and endangered species can roam freely See magnificent rhinos secretive Bengal tigers and a wide variety of bird species in their native settings Enjoy the delights of Nepalese food from the savory dal bhat and fragrant momos to the energizing chiya tea that will warm your heart As you go off on a culinary trip unlike any other savor the diverse culinary delights of the nation The 2023 Nepal Travel Guide is your ideal travel companion whether you re an experienced traveler looking for new experiences or a seeker of enlightenment This guide makes sure you get the most out of your time in Nepal and create lasting memories It is jam packed with expert advice thorough itineraries and insightful information Explore Nepal s hidden gems where time honored customs and contemporary aspirations coexist peacefully The 2023 Nepal Travel Guide can help you embark on a transforming adventure and inspire a passion for exploring Get your copy right away and seize the chance to go on a journey that will change your life Then get ready to be enthralled by the Himalayas unrivaled spirituality and beauty **Nepal Travel Guide** Todd

Bowen,2015-03-30 Nepal is located between India and China and this landlocked strip of country has the majestic Himalaya Mountains as its backbone Nepal offers unforgettable scenery as well as adventure culture romance and excitement This is the land of sherpas and snowy peaks yetis and yaks and exotic mantras echoing from the local monasteries Nepal Culture Location Orientation Climate When to Visit Sightseeing Highlights Chitwan National Park Patan Museum Pashupatinath Temple Swayambhunath Monkey Temple Bodnath Kopan Monastery Gokyo Lakes Kathmandu Thamel Annapurna Region Mount Everest Flightseeing Short Treks in Nepal Recommendations for the Budget Traveller Places to Stay Annapurna Guest House Hotel Ganesh Himal Hotel Yeti Family Peace House Eden Jungle Resort Places to Eat Tashi Delek Restaurant Dechenling Pooja Sweets Lhasa Tibetan Restaurant Hill s Heaven Places to Shop Jawalakhel Handicraft Centre Kumbeshwar Technical School Koseli Gham United World Trade Centre UWTC Dhankuta Sisters **Nepal Travel Guide** Artz

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Expanded coverage of areas outside of the primary trekking routes as well as of less traveled routes near major trailheads
New details on trekking in the Everest Annapurna and Langtang regions New DIY information for independent exploring how to make contact with villagers use local maps find porters and guides understand pricing guidelines and arrange travel necessities such as water purification and meals **Trekking in Nepal** Stephen Bezruchka,1997 Sends trekkers to Nepal equipped with comprehensive information on the country s most rewarding routes what to bring what to expect and the people and history behind it all Covers 21 major areas of Nepal over all types of terrain plus alternatives and side trips Provides visitors with the information and inspiration to be culturally appropriate and environmentally sensitive guests

Travel Guide to Nepal William Hudson,2022-09-07 The Gopals and Mahishapalas who are said to have been the first kings and had their capital at Matatirtha in the southwest corner of the Kathmandu Valley are mentioned in historical accounts The Kirantis are claimed to have dominated the valley starting in the seventh or eighth century B C In fact the epic Mahabharat makes mention to their illustrious King Yalumber The Lichhavis who came from northern India defeated the Kirantis in 300 A D The Changu Narayan Temple which dates to the fifth century and is located close to Bhaktapur is one of the Lichhavis cultural legacies NEPAL TRAVEL GUIDE is a book you should have at hand especially for a tourist There are fascinating and tedious things about Nepal You need to know them before going to Nepal In this book you will get to know HISTORY OF NEPAL WHEN TO GO TO NEPAL GETTING AROUND IN NEPAL HOW TO APPLY FOR A NEPAL VISA HOW TO REACH NEPAL WHAT ARE THE TYPES OF NEPAL VISAS NEPAL VISA REQUIREMENTS THINGS TO KNOW BEFORE TRAVELLING TO NEPAL AND MANY MORE ORDER NOW **World Travel Guide** Media House,2004-05 **Lonely**

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