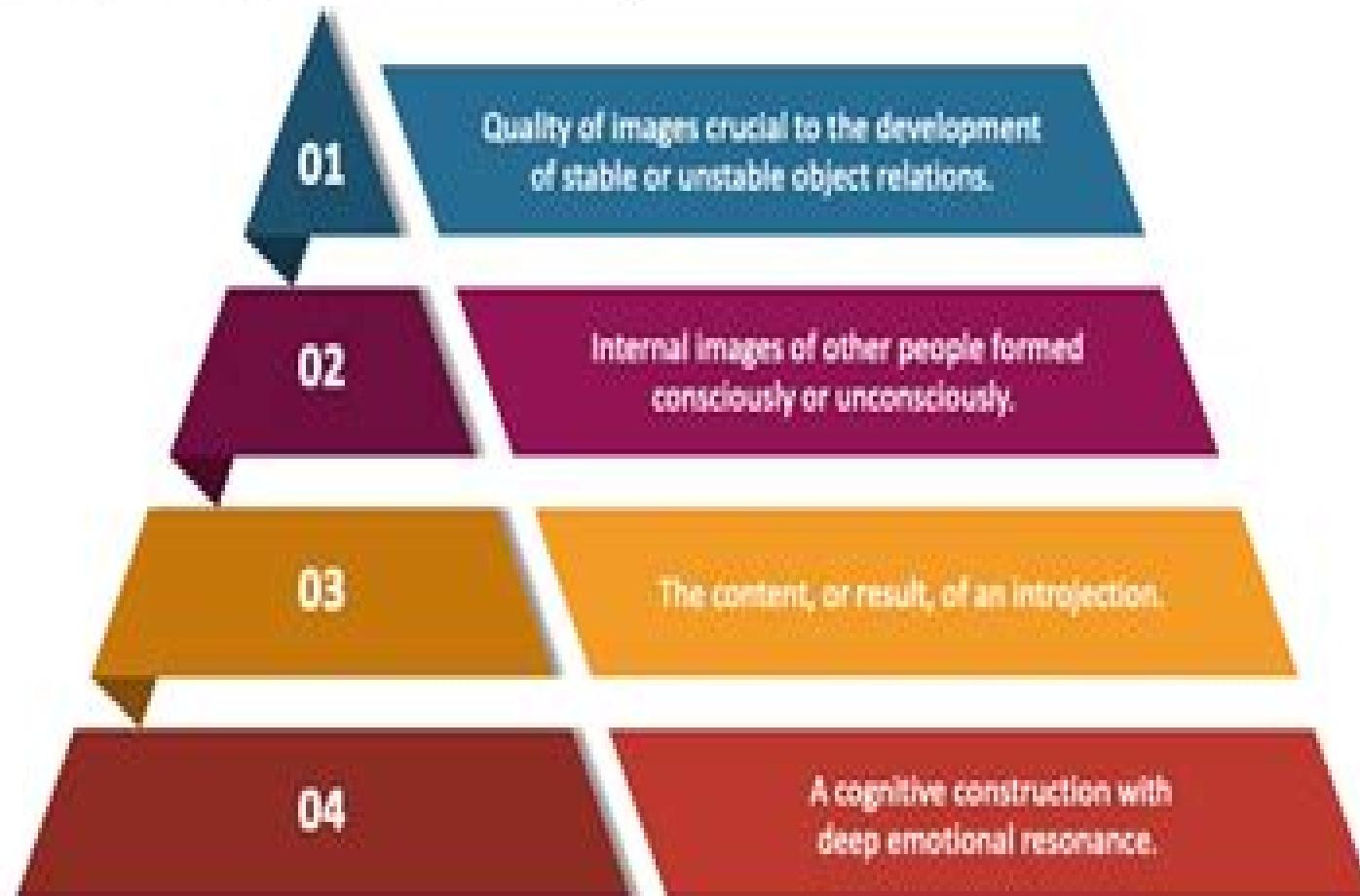


# OBJECT RELATIONS

## Major Concepts of Object Relations Theory



# Object Relations

**David P. Levine**

## **Object Relations:**

*Object Relations Theory and Practice* David E. Scharff, 1995-01-01 Object relations theory has caused a fundamental reorientation of psychodynamic thought. In *Object Relations Theory and Practice* Dr David E Scharff acclimates readers to the language and culture of this therapeutic perspective and provides carefully selected excerpts from seminal theorists as well as explanations of their thinking and clinical experience. He offers readers an unparalleled resource for understanding object relations psychotherapy and theory and applying it to the practice of psychotherapy and psychoanalysis. The book's sequence establishes the centrality of relationships in this theory, the internalization of experience with parents, splitting, projective identification, the role of the relationship between mother and young child in development and transference and countertransference in the therapeutic action of psychoanalysis and psychotherapy. This book will introduce students to the basics to the widening scope of object relations theory and to its application to psychoanalysis and individual, group and family psychotherapy.

An Introduction to Object Relations Lavinia Gomez, 1997-03 What does it mean to be human? Object relations, the British based development of classic Freudian psychoanalytic theory, is based on the belief that the human being is essentially social; the need for relationship is central to the definition of the self. Object relations theory forms the base of psychoanalysts' work, including Melanie Klein, D W Winnicott, W R D Fairbairn, Michael Balint, H J S Guntrip and John Bowlby. Lavinia Gomez here provides an introduction to the main theories and applications of object relations. Through its detailed focus on internal and interpersonal unconscious processes, object relations can help psychotherapists, counselors and others in social service professions to understand and work with people who may otherwise seem irrational, unpredictable and baffling.

Object Relations in Psychoanalytic Theory Jay Greenberg, 1983-11-23 Object Relations in Psychoanalytic Theory offers a conceptual map of the most difficult terrain in psychoanalysis as well as a history of its most complex disputes. In exploring the counterpoint between different psychoanalytic traditions, it provides a synthetic perspective that is a major contribution to psychoanalytic thought. The focal point of clinical psychoanalysis has always been the patient's relationships with others. How do these relationships come about? How do they operate? How are they transformed? How are relationships with others to be understood within the framework of psychoanalytic theory? Jay Greenberg and Stephen Mitchell argue that there have been two basic solutions to the problem of locating relationships within psychoanalytic theory: the drive model, in which relations with others are generated and shaped by the need for drive gratification; and various relational models, in which relationships themselves are taken as primary and irreducible. The authors provide a masterful overview of the history of psychoanalytic ideas in which they trace the divergences and the interplay between the two models and the intricate strategies adopted by the major theorists in their efforts to position themselves with respect to these models. They demonstrate further that many of the controversies and fashions in diagnosis and psychoanalytic technique can be fully understood only in the context of the dialectic between the drive model and the relational models.

Object Relations

Theory and Practice David E. Scharff, 1996 Object relations theory has caused a fundamental reorientation of psychodynamic thought In Object Relations Theory and Practice Dr David E Scharff acclimates readers to the language and culture of this therapeutic perspective and provides carefully selected excerpts from seminal theorists as well as explanations of their thinking and clinical experience He offers readers an unparalleled resource for understanding object relations psychotherapy and theory and applying it to the practice of psychotherapy and psychoanalysis The book's sequence establishes the centrality of relationships in this theory the internalization of experience with parents splitting projective identification the role of the relationship between mother and young child in development and transference and countertransference in the therapeutic action of psychoanalysis and psychotherapy This book will introduce students to the basics to the widening scope of object relations theory and to its application to psychoanalysis and individual group and family psychotherapy

*Developments in Object Relations* Lavinia Gomez, 2017-03-16 1 Introduction 2 Beginnings 3 The Kleinian and Independent frameworks 4 Wilfred Bion and his development of psychoanalysis 5 Further Kleinian developments 6 Masud Khan and the British Psychoanalytical Society 7 Further Independent developments 8 Kleinian and Independent approaches to practice

**Object Relations and the Family Process** Randall Klein, 1990-01-09 Joining two usually distinct areas of psychoanalytic treatment this volume explores the psychoanalytic theory of object relations and its application to the study of marital and family interaction Freud's object relations model lends itself well to the study of internalized object relations and external personal relations Integrating various psychoanalytic approaches as well as contributions of Piagetian scholars this essay also incorporates general systems theory The study covers the breakdown of marital relationships narcissism of partners separation and individuation of adolescent offspring role typing family communication defense mechanisms entrapping and emotional processes It concludes with a synthesis of marital and family object relations models Object Relations and the Family Process introduces the reader to the object relations model It describes the process of acquiring object concepts of both permanence and libidinal strivings The concept of libidinal object is then defined An overview of the psychoanalytic theory of object relations is given and the intrapersonal and interpersonal spheres of object relations are described The remainder of the book is devoted to the author's presentation of his hypothetical model Both psychoanalysts and therapists will find this model a useful one

**The Object Relations Lens** Christopher W.T. Miller, M.D., 2022-10-25 With a mix of theory practical advice and illustrative clinical material The Object Relations Lens is a compelling and indispensable resource for any clinician interested in applying the object relations model to their clinical or academic work As accessible to trainees as it is to experienced clinicians Dr Christopher Miller clearly outlines object relations theory leveraging clinical vignettes to underline the framework's applicability both in therapy and acute care settings Readers in academic settings will also find experience near ways of assimilating the concepts introduced in the book as well as best practices for utilizing supervision and extensive literature recommendations With a detailed discussion of the neuroscientific

model of object relations and the integration of concepts from other schools of psychoanalytic thought that help consolidate certain discussion points this volume will provide readers with an updated and scientifically informed understanding of how object relations theory can be harmonized with psychiatric theory and practice **The Primer of Object Relations** Jill Savege Scharff,David E. Scharff,2005-05-03 In their groundbreaking A Primer of Object Relations Jill Savege Scharff and David E Scharff answered readers questions about this burgeoning field in remarkably clear and readable prose It is difficult to imagine any other team of authors who could provide such a comprehensive survey of the broad applications of object relations theory and in the second edition of this authoritative work the Scharffs draw from their years of clinical experience to create an inclusive and up to date manual for object relations theory that is certain to become a classic in the field

Fairbairn's Object Relations Theory in the Clinical Setting David P. Celani,2010 W R D Fairbairn 1889 1964 challenged the dominance of Freud's drive theory with a psychoanalytic theory based on the internalization of human relationships Fairbairn assumed that the unconscious develops in childhood and contains dissociated memories of parental neglect insensitivity and outright abuse that are impossible for the children to tolerate consciously In Fairbairn's model these dissociated memories protect developing children from recognizing how badly they are being treated and allow them to remain attached even to physically abusive parents Attachment is paramount in Fairbairn's model as he recognized that children are absolutely and unconditionally dependent on their parents Kidnapped children who remain attached to their abusive captors despite opportunities to escape illustrate this intense dependency even into adolescence At the heart of Fairbairn's model is a structural theory that organizes actual relational events into three self and object pairs one conscious pair the central ego which relates exclusively to the ideal object in the external world and two mostly unconscious pairs the child's antilibidinal ego which relates exclusively to the rejecting parts of the object and the child's libidinal ego which relates exclusively to the exciting parts of the object The two dissociated self and object pairs remain in the unconscious but can emerge and suddenly take over the individual's central ego When they emerge the other is misperceived as either an exciting or a rejecting object thus turning these internal structures into a source of transferences and reenactments Fairbairn's central defense mechanism splitting is the fast shift from central ego dominance to either the libidinal ego or the antilibidinal ego a near perfect model of the borderline personality disorder In this book David Celani reviews Fairbairn's five foundational papers and outlines their application in the clinical setting He discusses the four unconscious structures and offers the clinician concrete suggestions on how to recognize and respond to them effectively in the heat of the clinical interview Incorporating decades of experience into his analysis Celani emphasizes the internalization of the therapist as a new good object and devotes entire sections to the treatment of histrionic obsessive and borderline personality disorders Object Relations Theories and Psychopathology Frank Summers,2024-01-31 Twenty nine years since the first edition was released Frank Summers has renewed his lucid and thorough clarification of the various object relations theories to demonstrate their

evolution and continued significance for therapeutic practice This volume includes elucidation of the major scholarship that has advanced the ideas of object relations theorists such as Fairbairn Klein Winnicott Kernberg and Kohut since the publication of the first edition A thorough and detailed new chapter devoted to the emergence and development of relational psychoanalysis has been added to make this volume a state of the art articulation of current object relations thinking The ideas and assumptions of each theory relative to metapsychology psychopathology and treatment are expounded alongside a critical evaluation of the strengths and limitations of each approach With extensive use of historic case material Summers shows how each object relations theory yields specific clinical approaches to a variety of syndromes and how these approaches entail specific modifications in clinical technique This volume will be essential reading for all analysts psychologists psychiatrists and social workers who wish to familiarize themselves with object relations theories in general sharpen their understanding of the work of specific object relations theorists or enhance their ability to employ these theories in their clinical work

**The Matrix of the Mind** Thomas H. Ogden,1993-07 This book is exciting original and above all accessible a rare combination for a text which deals in depth with psychoanalytical theory Non analysts are frequently both baffled and alienated by the jargon and the complexity of works which extend psychoanalytical thinking but Ogden is revealed in this book as an outstanding communicator as well as a major theoretician The book's subtitle is a guide to the main focus of the work which reinterprets the work of Melanie Klein with its focus on phantasy in relation to the biological determinants of perception and the meaning and organization of experience in the interpersonal setting of human growth and development Ogden re interprets Klein to illuminate Freudian instinct theory using the contributions of Bion Fairbairn and particularly Winnicott British object relations theorists to clarify and extend aspects of their work and to move towards an impressive exposition of the way in which the human mind develops Pamela M Ashurst *The British Journal of Psychiatry* A Jason Aronson Book

**Theories of Object Relations** Howard A. Bacal,Kenneth M. Newman,1990 A comprehensive account of the work of the major contributors to object relations theories this book covers the work of the major American and British contributors to object relations theory focusing on the ways in which these theories anticipated and enriched the emerging field of self psychology

**Object Relations Individual Therapy** Jill Savege Scharff,David E. Scharff, M.D.,2000-12-01 Emphasizing the transformational possibilities that grow out of their relational model of therapy David E and Jill Savege Scharff invite us into the territory of interactive journeys with individual patients A contemporary classic

**The Technique and Practice of Object Relations Family Therapy** Samuel Slipp,1988 **Object Relations Psychotherapy** Cheryl Glickauf-Hughes,Marolyn Wells,2006-12-20 Glickauf Hughes and Wells present a clear and well organized review of personality development according to object relations theorists They offer an explanation and critique of each major theorist note issues on which there is disagreement along with areas of investigation not fully explored and present implications for treatment Concepts are well defined and one gets the sense of a cohesive body of knowledge

possibly more cohesive than it actually is Those unfamiliar with object relations theory will have a good outline those who know enough to be confused will find some clarification Journal of Psychotherapy Practice and Research **Object Relations Theory and Clinical Psychoanalysis** Otto F. Kernberg,1995-06-01 Object Relations Theory and Clinical Psychoanalysis is a collection of Kernberg's papers published or presented during the period from 1966 to 1975 with some new material included as well Object Relations, Work and the Self David P. Levine,2009-10-16 In this book David P Levine applies psychoanalytic object relations theory to understanding work motivation and the meaning of work Drawing on the writings of authors such as Donald Winnicott Otto Kernberg and Melanie Klein he explores three factors central to our effort to understand work guilt greed and the self Special attention is paid to the factors that determine the individual's emotional capacity to do work that engages the self and its creative potential and to the related matter of impairment in that capacity Chapters include the problem of work greed envy and the search for the self skill power and authority work and reality Object Relations Work and the Self will be of interest to psychoanalysts and organizational consultants as well as anyone concerned with what determines the quality of life in the workplace **Object Relations, The Self and the Group** Charles Ashbach,Victor L. Schermer,2005-08-18 This established text presents a framework for integrating group psychology with psychoanalytic theories of object relations the ego and the self through the perspective of general systems theory It defines and discusses key constructs in each of the fields and illustrates them with practical examples **Object Relations and Self Psychology** Michael St. Clair,1986 **Self and Other** Robert Rogers,1991-10 In Self and Other Robert Rogers presents a powerful argument for the adoption of a theory of object relations combining the best features of traditional psychoanalytic theory with contemporary views on attachment behavior and intersubjectivity Rogers discusses theory in relation both to actual psychoanalytic case histories and imagined selves found in literature and provides a critical rereading of the case histories of Freud Winnicott Lichtenstein Sechehaye and Bettelheim At once scientific and humanistic Self and Other engagingly draws from theoretical clinical and literary traditions It will appeal to psychoanalysts as well as to literary scholars interested in the application of psychoanalysis to literature

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