



## 27 Parent-Child Journal Prompts

Insightful journal prompts for parents and kids to deepen bonds. A great way to embark on journaling for self-discovery and gratitude.

1. Describe a moment from your childhood you wish to share with your child.
2. A lesson you've learned on your parenting journey that surprised you.
3. Reflect on a time when your mood significantly influenced a decision related to your family.
4. A letter or message to your future self about your hopes for your child's adulthood.
5. What are three qualities you see in your child that remind you of yourself?
6. How has becoming a parent changed your perspective on your own parents?
7. Describe a perfect family day. What activities would you choose to do?
8. Reflect on a challenging moment in parenting. What did it teach you?
9. Write about the joy you felt during a specific back-to-school moment.
10. How do you balance your personal needs with your responsibilities as a parent?
11. Discuss an achievement of your child that filled you with pride.
12. Recall a funny or surprising thing your child has said. What was your response?
13. Write about a tradition you've started with your child. Why is it meaningful?
14. Reflect on your child's current favourite hobby. How has it brought you closer?
15. Describe a moment when you had to teach your child a tough lesson. How did you feel?
16. What advice would you give your child about making friends?
17. How do you encourage your child to express their feelings?
18. Discuss how you've navigated a disagreement with your child. What was the outcome?
19. Reflect on the role of patience in your parenting journey.
20. Write about a moment when your child showed unexpected maturity or insight.
21. How do you make educational activities fun and engaging for your child?
22. What is a significant goal you have for your family? How are you working towards it?
23. Describe a moment when you felt a strong connection with your child during an everyday activity.
24. How do you approach conversations about the future with your child?
25. Reflect on the importance of self-care in your role as a parent. How do you practice it?
26. Write about how you support your teen's independence while ensuring they feel secure.
27. Discuss a parenting choice you made that was difficult but ultimately rewarding.

# Parent To Child The Journal

**A Whiff of Time**



## **Parent To Child The Journal:**

*Family Journal* Natalie D'annibale Bandlow, 2009-11-04 FAMILY JOURNAL Parent To Child provides parents with an opportunity to chronicle their own personal history and past experiences as well as the history and experiences of their child's life in a direct way FAMILY JOURNAL Parent To Child allows you to create a written family legacy for your child Letters To My Son Mother Child Journals, 2019-11-24 Letters To My Child is the perfect keepsake notebook from a parent to a child Create an heirloom piece by leaving advice thoughts or support to your child Perfect for babies or older children Give them the gift of your words and handwriting beautifully displayed in this notebook With a gorgeous cover page that includes a space to write to from the rest of the book is a lined notebook with a high end look that will become a future keepsake for your son or daughter Ideas Milestones growing up quotes funny things kids say A mother's journal of the strong emotions of babyhood as well as the struggles of a new mother's heart Birthday letters every year recapping the last year and giving love and support into the next Letters of advice as your child grows up and things you want him/her to know when older and as they transition into teenage or young adult years Document your feelings and love as a mother to your child on days as they happen or as the love for your child overwhelms you suddenly as it does occasionally for all parents Write letters outlining prayers for your child over the years as they grow and their experiences change The beauty of a lined notebook is that you can make it what you want and it can morph into whatever it needs to become as the years go on Makes an amazing graduation gift from parent to child to send them off to college or a beautiful new mother gift when your daughter first experiences motherhood of her own Let them read the letters are you write them or keep it in their memory box with other precious keepsakes to pass onto them later Features Premium Matte Soft Cover 6 x 9 Printed on Bright White Paper 108 lined pages 54 pages front back Whatever! Jobina Lehrman-Fishman, 2011-06-01 Whatever An Interactive Journal Between Parent and Child is a nontraditional book It is designed to break the standard communication barriers that exist between adolescents teens and their parents or guardians This book provides new options when facing the expression and or attitudes of Whatever Techniques in this book offer concrete methods for communication giving proven examples of real life experiences This easy to follow guide is an invaluable reference tool for parents and teens alike **Letters to My Child** A Whiff of Time, 2019-11-19 Letters to my child is a prompted journal to help you write down special memories dreams and hopes for your child It has 20 prompts to start your writing and lots of lined pages for your own topics It is a wonderful gift for expecting and new parents It will be a treasure full of memories and hopes and later on a thoughtful gift for the child Features Size 6x9 20 journal prompts lots of lined pages for personal letters 90 gsm quality white paper Matte soft cover llama *Parent and Child Journal* Sharon Jefferson, 2019-01-21 It is important for us to talk to our children really communicate with them Good communication has positive effects on a child's brain development and helps them to be more confident The relationship that is nurtured through positive parent and child communication helps build trust With improved

communication children learn that they can express themselves with a parent that they know they can trust With so much negative peer pressure going on today we want to be the ones our children turn to when they have questions difficulties or concerns It all begins with relationship and communication is key This journal will aid both parent and child in building positive communication and relationship skills It includes 30 journal entries that prompts parent and child to think about their life s experiences in the context of family and relationships which shapes our worldview on the issues of life The journal is interactive As parents we are also our child s teacher Parents will have the opportunity to model good writing skills through their responses to the journal prompts Children are provided with a sentence starter to complete their entry As a way of processing or reflecting parent and child are also prompted to draw or explain their thoughts relating to the prompt

**Questions You'll Wish You Asked** Melissa Pennel,2021-10 This journal deepens the parent child bond while creating a keepsake for when conversation is no longer possible With journaling questions for parents such as What is a concert you ll never forget Is there a book you hope I ll read When you re gone what is something you ll want me to remember you saying These questions will transport you from the daily routine into a time when the ordinary has been rendered sacred Whether you re a parent looking to leave a legacy to your child or a child recording memories of your parent make time for the questions you ll later wish you asked your future self will thank you Commonly asked questions Who is this journal for The journal provides over 100 questions for a parent to answer for their child It makes a perfect gift for a pregnant friend baby shower gift for a new parent of a baby keepsake gift for an aging parent and thoughtful present for parents and children of all stages in between This journal also makes a thoughtful gift for members of non traditional families or those who identify as non binary whether a parent or child The questions within are not structured around or catering to any specific gender they were created to be inclusive of the varying forms of family and identity Some adult children sit with their parents and fill out the journal while asking the questions this invites thoughtful conversations generational connection and intimacy Others choose to purchase the journal for themselves fill it out and later present it as a gift to their children This journal can be an especially thoughtful gift for a parent who has lost their own father or mother these individuals often deeply recognize the importance of recording thoughts and memories for their children This journal is also a thoughtful gift for adult children whose parents may be struggling with early signs of memory loss dementia or Alzheimer s asking these questions can jog a parent s memory inspire thoughtful conversation or simply provide a space to appreciate the parent who still remains

**Letters to My Child** A Whiff of Time,2019-11-18 Letters to my child is a journal write down special memories dreams and hopes for your child It has 20 prompts to start your writing and lots of lined pages for your own topics It is a wonderful gift for expecting and new parents It will be a treasure full of memories and hopes and later on a thoughtful gift for the child Features Size 6x9 20 journal prompts lots of lined pages for personal letters 90 gsm quality white paper Matte soft cover

**The Us Journal** Eileen Grimes,2021-11-23 Forge a lasting connection with your child and build their self esteem in

Loved As You Are the guided journal that brings parents and kids together Creative prompts to write and draw invite kids to discover more about themselves their likes their fears their hopes and dreams while parents get to join in the fun with written responses of their own Whimsical art and inviting full color designs adorn the pages and with a sturdy hardcover binding this is one journal your kids can treasure forever Share your jokes trade your secrets and create some one on one moments of screen free joy with your kids it s time to get the conversation started **Baby Journal** Mackay's home school press,2018-08-17 A personal prompt journal between parent and child 8 5 x 11 21 59 x 27 94 cm There is something so special about the relationship between parent and child This Journal will support you capturing those moments in a keepsake book the you can share with your child daily reflect on in years to come and pass on to your child to share with their own family when the time comes Separated into three sections 1 First memories why you make me smile the people in our lives when i look into your eyes and many more prompt sections to support your verbal and visual interaction with your child 2 Picture story pages half wide ruled half blank pages for daily interactions sketches drawing and notes between you and your child 3 Reflections section to review your journey reflections on feelings or the journal This journal can be started and any stage in a child s life and continued through to teenage years or completed on a daily basis and stored as one of many memorable keepsake journals Suitable to be used with most media pencils pens felt tips watercolours pastels and perfect for creating mixed media collages **Just Between You and Me** Tracy Broy Rumpf,2007-04-01 Continuing to provide realistic journaling options for our on the go times Rumpf conceived of the idea of a mutual diary to initiate a dialogue between herself and her uncommunicative ten year old son She soon found that she and her son had created a forum for discussing what was too hard to voice aloud Because Just Between You and Me acts as an intermediary no subject is off limits The journal features plenty of writing space along with suggested topics resources and a personal letter from Rumpf describing the journal s genesis and use *Quotes from My Kid a Parent's Journal of Memorable Sayings from Their Child: A Journal for Parents to Write Down the Cute and Funny Things Your Child* Kenniebstyles Journals,2019-04-02 Funny darndest cute and crazy are the things our child says This 5 x 8 journal is a perfect size and place to write down what they say so you never forget and can read and laugh about when they are older This journal is filled with roomy pages to write down the funny comments they make This cute keepsake journal also makes a great gift for new parents or parents of young children

**Handbook of Parent-Child Interaction Therapy for Children on the Autism Spectrum** Cheryl Bodiford McNeil,Lauren Borduin Quetsch,Cynthia M. Anderson,2019-02-06 This handbook offers a theoretical foundation for the adaptation of Parent Child Interaction Therapy PCIT for children with autism spectrum disorder ASD and their families The volume examines current treatments for children with ASD and provides a rationale for why PCIT is considered a strong option to address many of the concerns found within this population of children and families It presents an overview of PCIT theory the goals of PCIT the unique aspects of the treatment and the exceptional outcomes The handbook demonstrates the

versatility of PCIT in conjunction with standard science based therapies in addressing specific behavioral problems in this young population Chapters provide a theoretical basis for PCIT the empirical evidence for its efficacy clinical considerations and training issues Chapters also offer a selection of case studies that help illustrate how PCIT has been successful in treating children with autism The handbook concludes by identifying the gaps that need to be addressed by future research Topics featured in the Handbook include A clinical description of Parent Child Interaction Therapy The effects of medication for individuals with ASD The importance of parent child interactions in social communication and development Teaching complex social behavior to children with ASD Internet delivered PCIT I PCIT for children with autism Child Directed Interaction treatments for children with ASD Parent Directed Interaction treatments for children on the autism spectrum The Handbook of Parent Child Interaction Therapy for Children on the Autism Spectrum is a must have resource for researchers professors clinicians practitioners therapists and graduate students across many interrelated disciplines including child and school psychology behavioral therapy social work child and adolescent psychiatry pediatrics and family studies as well as occupational therapy physical therapy behavior analysis and speech therapy

**The Journal of the Royal Anthropological Institute**, 1882 *A Parent's Guide for Journaling to Their Child* Roni Wing Lambrecht, 2016-11-22 Do you wish you could write to your child yet you have no idea what to say This unique guide comes from Roni Wing Lambrecht a mom who began journaling to her only child Dalton before he was born Sadly Dalton passed away prior to having the opportunity to read all the wonderful words his mom had written to him Roni and her husband John believe Dalton's Journal has been immensely helpful in their grieving process and they often credit the journal with saving their marriage as they travel through the grieving process They want to be sure every parent guardian has the opportunity to put their love for their children into words even when parents assume they don't know how to write The prompts within this guide embrace numerous topics Roni had written about in the journal to her son and even more topics she had never thought of until he was gone The journal you write can be thought of as a gift to your child with the intention they'll someday read and share it with their own children It's also a beautiful gift when life's circumstances have been altered and either the parent or the child are no longer around to speak of the memories contained within the journal The most precious gift you can give your child is your love Showing your love in writing makes it a tangible treasure forever [Tell Me about Your Day](#) Meaningful Moments, 2018-11-13 HOW TO USE THIS JOURNAL Use this journal to connect with your child or grandchild in a meaningful way Do not correct your child's grammar or spelling You may have your child read his/her responses to you to spark conversation Or you may write in it daily and then review your responses together There is no wrong way to use this journal Divorced military and parents with long work hours will really enjoy these journals because the questions will help you connect with your child in a meaningful way **Letters to My Child: A Journal of Letters from Mother to Son** Mother Child Journals, 2019-02-13 Letters To My Child is the perfect keepsake notebook from a parent to a son Create an heirloom

piece by leaving advice thoughts or support to your child Perfect for babies or older children Give them the gift of your words and handwriting beautifully displayed in this notebook With a gorgeous cover page that includes a space to write to from the rest of the book is a lined notebook with a high end look that will become a future keepsake for your son or daughter Ideas Milestones growing up quotes funny things kids say A mother s journal of the strong emotions of babyhood as well as the struggles of a new mother s heart Birthday letters every year recapping the last year and giving love and support into the next Letters of advice as your son grows up and things you want him her to know when older and as they transition into teenage or young adult years Document your feelings and love as a mother to your son on days as they happen or as the love for your child overwhelms you suddenly as it does occasionally for all parents Write letters outlining prayers for your child over the years as they grow and their experiences change The beauty of a lined notebook is that you can make it what you want and it can morph into whatever it needs to become as the years go on Makes an amazing graduation gift from parent to son to send them off to college or a beautiful new mother gift when your daughter first experiences motherhood of her own Let them read the letters are you write them or keep it in their memory box with other precious keepsakes to pass onto them later Features Premium Matte Soft Cover 6 x 9 Printed on Bright White Paper 108 lined pages 54 pages front back

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For My Children Dionna Ford,2012 A beautiful journal filled with thought provoking prompts for mothers to answer in additive list form Children will cherish their mothers memories and wisdom for generations to come Look Inside Book click on below link [http ulyssespress com pgw For\\_My\\_Children pdf](http://ulyssespress.com/pgw/For_My_Children.pdf) Letters to My Child A Whiff of Time,2019-11-19 Letters to my child is a journal to write down special memories dreams and hopes for your child It has 20 prompts to start your writing and lots of lined pages for your own topics It is a wonderful gift for expecting and new parents It will be a treasure full of memories and hopes and later on a thoughtful gift for the child Features Size 6x9 20 journal prompts lots of lined pages for personal letters 90 gsm quality white paper Matte soft cover giraffe Handbook of Parent-Child Interaction Therapy Larissa N. Niec,2018-11-10 This handbook examines advances in the evidence based behavioral family intervention parent child interaction therapy PCIT It surveys innovative adaptations tailored to specific diagnostic concerns client populations treatment settings and delivery formats Chapters provide rationales for adaptation reviews of relevant research and discussions of advantages and challenges Case studies illustrate the implementation of the adaptations and help to make new techniques concrete The handbook offers practical descriptions of the adaptations to PCIT comprehensively reviews treatment outcome literature and integrates cutting edge implementation science into an exploration of the current

dissemination strategies in PCIT The handbook concludes with a consideration of the questions that remain to be addressed to extend the reach of PCIT among traditionally underserved families and to continue to advance the science and practice of children's mental health interventions Featured topics include PCIT for children with callous unemotional traits PCIT for families with a history of child maltreatment Group PCIT PCIT for military families The PCIT CALM program for treating anxiety in young children PCIT for American Indian families Transporting and disseminating PCIT internationally Using technology to expand the reach of PCIT The Handbook of Parent Child Interaction Therapy is a must have resource for researchers professors instructors clinicians and graduate students in child and school psychology child psychiatry and social work as well as such related disciplines as developmental clinical counseling and community psychology family studies and mental health services and agencies



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